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A STUDY COMPARING THE PEDAGOGICAL EFFECTIVENESS OF VIRTUAL WORLDS AND OF TRADITIONAL TRAINING METHODS

A Thesis

by

BENJAMIN PETERS

Submitted to the Graduate School of
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A STUDY COMPARING THE PEDAGOGICAL EFFECTIVENESS OF VIRTUAL WORLDS AND OF TRADITIONAL TRAINING METHODS

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August 2014

ABSTRACT

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CHAPTER I

INTRODUCTION

1.1 Virtual Reality

Virtual reality is a fairly new form of technology finding its way into the world of business, government, and other organizations. While it has been a staple of the entertainment industry, virtual reality has struggled to find favor when used as a training tool. Due to cost, skepticism, or a resistance to change, organizations have been slow to embrace using virtual reality for training. With the creation of Linden Lab's Second Life in 2003, the perception of virtual reality training has improved. Expensive training tools have been replaced by digital replicas in a virtual island. Through the proper programming, these replicas work like their real-world counterparts, but they lack the safety concerns involved in having an unskilled operator using potentially dangerous machinery. However, there are concerns about whether this new technology is more effective than traditional training methods at training operators. These concerns are valid since making less effective changes would be costly to an organization. Therefore, proponents and skeptics alike need concrete evidence to determine if in fact virtual reality is more effective at training people than traditional training methods.

The factors playing a central role in the effectiveness of virtual reality training are presence and immersion. Presence refers to a person's feeling of being physically present in a virtual environment even when in reality they are not physically present. The level of presence depends on the level of realism in the environment. However, even if the environment simulates

real life perfectly, it can be useless as a training tool unless the trainee is immersed in the environment. Immersion refers to how involved a person is with an environment whether the environment is real or synthetic. Asking if a person is immersed in an environment is the same as asking if the person believes that they are in that environment. Therefore, when designing a training exercise it is important to make sure the exercise holds the interest of those being trained. The more interested a person stays in the exercise, the more effective it should be. Over the years, different companies have attempted to use these concepts to introduce innovative training exercises. While not perfect, they have laid the groundwork for future projects attempting to determine the effectiveness of virtual training.

The types of virtual reality experiments conducted range from simple online instructional videos to fully developed 3D virtual rooms. These experiments were developed with the thought of improving the more traditional styles of training workers, athletes, or military personnel. While traditional training methods might be adequate for certain types of work, such as welding or most athletic sports, they have the potential to become too costly, or even too dangerous for the trainees. Take the welding example for instance. The metal being welded in a training exercise is still useable metal. If the weld is prepared poorly, then the metal is wasted and cannot be reused. If in some way a virtual training tool is developed, then no resources would be wasted during training. The training is determined to be effective if the welder can provide as good of a weld as someone who was trained traditionally. This example shows the rationale used by companies when developing their own innovative training methods.

Innovation in training now is rooted in using the computer as a powerful tool to train workers in a variety of different ways. The simplest examples are programs where a trainee sits and watches an online tutorial of how to do something. The trainee is quizzed following the

tutorial to see what they have learned. Slightly more immersive are third-person simulations. These are simulations where trainees take control of avatars in order to perform a specific task. One example is the use of a simulation to train people for emergency evacuations of buildings. In order to add some realism to the training, smoke and vibrations can be used to simulate the stages of a collapsing building.

The level of immersion increases in simulations where sensors are attached to the trainees. These sensors correspond to an avatar on the computer that follows the movements of the trainee. The trainee can move their hands in a matter similar to movement they would use if they were performing a particular task, say carpentry. In this example a block of wood is positioned on a table in a virtual world. By moving the hand avatar over the wood, the trainee can hold the wood in place while sawing it using their other hand. They do this by grabbing a virtual saw and moving their arm in a motion identical to how they saw in real life.

3D simulations are the most advanced when it comes to technology. These are built by designing 3D virtual environments that a trainee can step into and interact with a simulated environment. Through the use of projectors and mirrors, walls of 3D images surround the trainee creating the mirage of a different world designed to the creator’s choosing. However, even with all these advances, one question still persists. How is the effectiveness of these trainings determined?

1.2 Assessment Tools

In addition to creating these different training tools, researchers have used different methods to determine if their tools are effective or not. These methods lean towards using subjective questionnaires. The trainees are given questionnaires to fill out following the conclusion of their training. These questionnaires tend to use 5-point, 7-point, or 10-point scales

for each question. The points are tallied and the results are reported. Often, the trainees report they liked the training and felt a sense of presence. A more sophisticated way of reporting results comes from using statistical methods. Statistics are taken on the sample itself for more detailed information on the people taking the training. Age, gender, history with virtual reality, history with the company, etc. are all reported. The results of the trainings are reported as statistical means and variances and through hypothesis testing, they are compared to a control sample. However, what are lacking are any physiological studies on the trainees. While there are studies about how the body reacts to stimuli when it is immersed in an environment, virtual trainings tend not to include this type of study. In order to determine the effectiveness of virtual reality training, a quantitative method for determining presence and immersion needs to be used. Overall, the research done on virtual reality for training purposes is lacking because this type of investigation has been omitted.

1.3 Purpose of Experiment

The purpose of this experiment is to determine whether virtual reality training is more effective for training human subjects than traditional training methods. As previously stated, concrete evidence is needed to affirm or refute this hypothesis. Evidence is gathered by performing an experiment using human subjects. The subjects are split into two groups. Both groups are trained in defusing an explosive device. One group receives virtual reality training and the other receives only the traditional style training. The subjects are tested in defusing a mockup of a bomb in a live simulation. They are timed and these times determine the success or failure of the virtual training procedure. In addition, the subjects' physiological responses are monitored during the final day of the experiment in order to determine if there is a difference in the responses for the two instruction types. In other words, the feeling of presence and

immersion of the subject in the virtual world is being tested scientifically and not just by a qualitative questionnaire. Through these methods the hypothesis that virtual training is more effective than a traditional training method is evaluated.

1.4 Outline of Report

Before diving into the experiment though, an extensive review on the literature covering the topics of virtual reality training, sense of presence during training, and training effectiveness evaluation is provided in Chapter 2. This literature review covers previous research undertaken in order to provide a good picture of what has been accomplished in the field of virtual reality training. It also provides information on how particular training methods are evaluated. These evaluation tools are useful for creating a plan on how to evaluate the experiment highlighted in this thesis. As will be seen, some of these methods rely primarily on qualitative analysis. However, there are a few experimenters which use quantifiable data in their evaluation methods.

In Chapter 3, the experiment upon which this report is based is explained in detail. This includes a summary of how the subjects are separated into two different classes – one which trains the subjects in the defusing of a bomb using virtual reality training and another which trains the subjects using traditional training methods. The testing simulation the subjects undertake is explained in detail and the tools by which the data is gathered are explained. Included in this explanation is a description of the arrangement of physiological sensors. Chapter 4 focuses on the analysis of the data. It gives a full analysis on what the results of the experiment are. This provides an answer to the question of whether virtual reality is more effective than traditional methods. Chapter 5 serves as a conclusion to the thesis. It summarizes the results from the experiment and explains the impact of these findings.

CHAPTER II

LITERATURE REVIEW

2.1 Introduction

The use of virtual reality as a tool for training purposes has been studied since the latter half of the twentieth century. Unfortunately, the conclusions linked to these studies tend to say that the research done on virtual reality is inadequate. Dickey (2003) claims, “more research needs to be done to fully explore the potential [of virtual reality.]” When it comes to the topic of virtual reality, Gaimster (2008) says there has been “Little research in this specific area ….” Goel (2009) supports this assertion by saying, “There is little research that addresses what features of virtual worlds support … applications.” While much of the research is in need of further testing, there have been major advancements in the use of virtual reality for training purposes. These advancements are backed with statistical proof of virtual reality’s effectiveness.

This chapter is devoted to literature on virtual reality technology. While some of the projects presented may not be completed, the chapter still provides an idea of what has been done so far. It also persuades readers to see the benefits of using virtual reality. But before moving to the experiment, a review on the literature about virtual reality needs to be explored. The review includes an overview of virtual reality and critical thinking and learning. Included in the overview are projects which support the use of virtual reality and its effect on learning. Following the overview, the ideas of presence and immersion are discussed with articles related

to these ideas. Since presence and immersion tie into physiological response, a section is dedicated to that topic. Afterwards, there is a section dedicated to the types of experiments run and the corresponding results of those experiments. Finally, projects still in progress are discussed and the chapter is completed with a conclusion.

When virtual reality or virtual worlds are mentioned, the thought that comes to mind is video games. While video games have been created using virtual worlds to represent towns, forests, oceans, etc., this study focuses on the use of virtual reality for training purposes, not gaming. While video games could be used to create a training program, this examination dives deeper than just a 3D video game. This is about determining if virtual reality can simulate presence for a person who is not actually in the environment in which they see themselves. Then, once knowing the person is immersed in a virtual reality, whether this reality can be used to train them for a task better than traditional training methods needs to be determined. Before getting into that, the question, “What is Virtual Reality?” must be asked. Liu and Hao (2004) describe virtual reality as a powerful technology for creating an interactive virtual environment for the purpose of education and training. According to Cheng et al. (2010), virtual reality can improve learning performance by offering hands-on experience. As a matter of fact, Kelly and Cheek (2008) looked to revolutionize the way people learn using virtual worlds. Their goal was to create a market for virtual training in the future. Their idea to complete this goal was to “collaboratively build and test a meta-layer compatible with a subset of leading virtual world platforms that provides the robust administrative tools necessary for adoption in educational and work settings.” In other words, they wanted to use virtual worlds as a teaching tool for students and workers.

This use of virtual reality is fairly recent. In fact, virtual reality is a fairly recent concept. Holm and Priglinger (2008) trace the history of virtual reality as a technology to Ivan Sutherland who wrote *The Ultimate Display* in 1965. This resulted in the first virtual reality system: *The Sword of Damocles*. The first head mounted display was then developed in 1970. Since then, a multitude of simulators, games, and training devices have been created. One of the most popular versions of virtual reality is the use of virtual worlds. “Virtual worlds are computer-based simulated environments designed to allow users to inhabit and interact via avatars, the human agent’s in-world representative” (Monahan et al. 2009). One of the most prominent virtual worlds is Second Life. Second Life is a 3D virtual world created by Linden Labs. This virtual world consists of “islands,” servers that customers or private organizations can customize to how they see fit (Heiphetz and Woodill 2010). While Second Life has been used for gaming, it also has been used for marketing, classroom instruction, and training simulations. When it comes to education over 1500 universities are using Second Life (Ondrejka 2007). As far as training goes, companies believe using virtual reality for training is an efficient way to teach their employees.

2.2 Critical Thinking and Learning

The perceived strength of virtual reality is that it fosters an environment for learning and critical thinking. Scriven and Paul (1992) define critical thinking as the “intellectually disciplined process of actively and skillfully conceptualizing, applying, analyzing, synthesizing, and/or evaluating information gathered from, or generated by, observation, experience, reflection, reasoning, or communication, as a guide to belief and action.” Scriven and Paul go on to say that critical thinking is based on two components: a set of skills to process and generate information and beliefs, and the habit of using those skills to guide behavior. While technical skills are necessary to perform tasks, a worker with good technical skills and strong critical

thinking skills can stand out against a worker with only great technical skills. This idea can also pertain to combat situations. According to Hammond (2004), “Even in combat, how well you think is more important to how well you fight than how physically fit you are. A wrong decision, an unasked question, a forgotten task, an incomplete analysis, or a poor synthesis can kill you.”

In order to prevent people from harming themselves in potentially dangerous activities due to a lack of critical thinking skills, virtual reality projects have been designed to foster learning and critical thinking. Interactive tutorials are a common usage for virtual reality. These tutorials start by walking the user through a set of instructions and then allow the user to practice using whatever tools they need to master. Three tutorials include: the Oil-field Safety Operation Training Interactive Virtual Environment, the Virtual Assembly System on Automobile Engines, and a tutorial to teach hand hygiene to hospital employees.

Liu and Hao (2004) designed a virtual environment called the Oil-field Safety Operation Training Interactive Virtual Environment (OSOTIVE). In this environment, the trainee goes through a series of levels, or modes, which increase in difficulty. The first mode is the Close Demonstration Mode (CDM). In this mode, the trainee is given a situation and has the system demonstrate the correct steps to perform in that situation. The second mode is the Guided Operation Mode (GOM). In this mode, the trainee controls an avatar, their representative in the virtual world, to complete the steps of a particular job. However, the program rejects any wrong moves so the user knows when they make a mistake. Finally the third and final mode is the Operation Mode (OOM). In this mode, the trainee is allowed to explore freely without interruption. If they make a mistake, the system reacts accurately to the situation. The mode encourages the trainee to learn from their mistakes.

Just like OSOTIVE, the Virtual Assembly System on Automobile Engines (AEVAS) uses a level system. Designed by Cheng et al. (2010), AEVAS consists of four rooms: Knowledge Room, Assembly Room, Expert Room and Checking Room. The Knowledge Room is the first room the trainee sees after logging in. They can view an assortment of material on the engine parts. The purpose is to gain knowledge of the different parts to help in the later rooms. The Assembly Room follows and consists of four inner-rooms: Crankshaft Assembly Room, Head Assembly Room, Tensioner Assembly Room and the Whole Engine Assembly Room. In each room, there is an exhibition of an assembly for each section. With this knowledge, the trainee is ready to try to assemble the engine in the next room. The Expert Room gives the trainee the chance to test what they learned. The trainee can assemble parts in the virtual environment and gain feedback on whether they did well or not. The final room serves as a bonus room. The Checking Room removes a part of the engine and tests the trainee to see if they know where it goes and the steps to get it there. Wen et al. (2009) created a similar environment fit with an oil drilling rig. The trainee can see the rig from a 3D perspective and learn how to operate it.

Similarly to the previous three groups, Bertrand et al. (2010) created a virtual training tutorial system. In this case, they designed a tutorial to train hospital workers in proper hand hygiene procedures. In the virtual training, they introduce five times when employees should wash their hands. Those are:

- Before touching a patient.
- Before clean/aseptic procedures.
- After body fluid exposure/risk.
- After touching a patient.

- After touching the patient's surroundings

There are three levels, called "phases" in the simulation. The first is the Tutorial Phase. Here the trainee is given an overview of the five moments for hand hygiene by a virtual doctor named Dr. Evan. The doctor prepares the trainee by telling them that they are to be tested in the five moments of hand hygiene. The doctor demonstrates the situations and uses voice and expression to do so. The Interactive Training Phase shows a virtual nurse named Simon who interacts with patients. The trainee must answer whether or not Simon followed the correct hand hygiene procedures. Finally in the Feedback Phase, the trainee is scored on how well they answered the questions. It should be noted this is not a very immersive system as the trainee does not interact through an avatar.

A similar scoring method is used in a driving simulator (Liang 2007). The simulator is created as a project for a Computer-Aided Design class. The simulator allows the trainee to take a simulated driving test. For every mistake the trainee makes, their score is reduced by a certain amount. If the trainee drops below 70 points the simulation ends and is reset. Consequently, the trainee passes the test if their score is over 70 after they complete the exam. Liang is not unique in his idea to use a scoring system in a simulator. The idea of using feedback to aid in a simulation is also used by Marcos de Moraes and dos Santos Machado (2009) in a bone marrow harvest simulator.

In their book, *Training and Collaboration with Virtual Worlds,* Heiphetz and Woodill (2010) support the use of Second Life by referring to two particular success stories. The first story is that of Michelin. Michelin had been dealing with increased competition and therefore created the foundation of a global delivery model for information systems. In order for this to work, they needed to train 200 workers across three continents. First, Michelin tried using

traditional training methods, but they failed. As a result, Michelin looked to use virtual technology to train their employees. They settled on Second Life due to Second Life's offering of a virtual classroom and an arena for the participants to train further. To start off the training, the workers took a virtual class where they had pre-made avatars. After the class, the trainees used their knowledge to create proposals for potential business targets without exceeding budget constraints. The training was considered a success due to a low cost of about $100,000 and taking much less time than the traditional training methods. In the other example, the Kansas University Medical Center (KUMC) developed a virtual training simulator for training nurses in an induction sequence. The training focused on the sequence of events of preparing a patient for surgery. While the training was supposed to teach the students the sequence of events of the induction process, an unexpected benefit also occurred. Since the hospital room was modeled accurately, the students did not just learn the processes of induction, they learned about the layout of the hospital. The students reported they felt the training was very effective, and they felt the training would be useful for future students.

2.3 Presence, Immersion, and Engagement

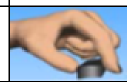
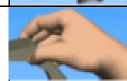
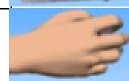
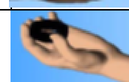
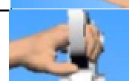
Those simulations are beneficial for helping workers learn how to use tools or just to follow instructions in general. They combine uses of levels which increase in difficulty with a feedback scoring system to aid in the trainees' learning. But, trainees need more than just a simulation to really learn using virtual reality. If a user of these simulations does not feel immersed in the environment and only sees it as a simple game they may not learn from it. However, if the trainee is able to block out their surroundings and hone in on the training they are going through, their chances of learning from it increases dramatically. This section focuses

on this idea of feeling immersed in the environment. It discusses the ideas of presence and immersion and how these ideas can aid in learning.

Witmer and Singer (1998) define presence in virtual worlds as “the sense of being there (in a virtual environment), even when one is physically situated in another place.” When training someone, it is important that those being trained feel a sense of presence. Unfortunately, the sense of presence appears to be a very subjective feel which is based on the opinions of the trainees. Sanchez-Vives and Slater (2005) reported that this view of presence as being subjective has led to the widespread use of self-report of user experience. The danger with this type of reporting is that a tester has no way of knowing whether or not the trainee is being truthful. This leads to skepticism of the effectiveness of a test and of virtual reality training in general. Sanchez-Vives and Slater (2005) help with this problem by offering an idea of when presence occurs. According to them, “Presence occurs when there is a successful substitution of real sensory data by computer generated sensory data, and…the person responds to the virtual stimuli as if they were real.” The ways to test for this is discussed in the next section. For now, a project dealing with presence is discussed.

One type of virtual reality project related to the idea of presence is a virtual reality environment used for oil-field safety training. Liu and Hao (2004) designed the world. One particularly interesting feature is their use of a disembodied hand as an avatar. The hand is seen as if it belongs to the trainee, as the trainee sees the hand and the world from a first-person point of view. The trainee chooses from several options of hand shapes, the best hand shape to grab the tool they needs. Table 2.1 shows the different hand shapes and a description of each one.

Table 2.1: Hand Shapes

Number	Icon	Description
1		Pinch small object with two fingers
2		Pinch bigger object with more fingers
3		Grasp small diameter bar or stick object
4		Grab bigger diameter bar or stick object
5		Grasp circular object with palm
6		Pinch small circular object with all fingers
7		Hook object with fingers
8		Press or smear something, pressing a button, flipping a switch

This attention to detail is important for simulating the methods of using small tools that workers use in real life. While the necessity of this amount of detail depends on what type of simulation is being done, the thought is the trainee must feel more excited, and therefore immersed, by the detailed hand grasps presented in Table 2.1.

Immersion plays a key role in how much presence a trainee feels while they are training. A couple common tools used to immerse trainees are head-mounted displays (HMD) and immersive rooms. As previously stated, the former were introduced in the 1970's. However their use has not gone away. Holm and Priglinger (2008) have designed a simulator which involves an HMD for refinery workers. The training consists of two computers, one which projects the virtual environment to the HMD and another which is controlled by the tester. The tester can trigger occurrences to the trainee forcing them to react. The tester can then assess the performance of the trainee.

The immersive room is a more recent idea being used. This consists of a room surrounded by monitors or screens which project images giving the trainee the feel that they are

in a room that they are not actually in. The trainee is surrounded by projections which are supposed to give the feeling of presence. The Virtual Environment Radiotherapy Training (VERT) is an award winning innovation. VERT consists of an auditorium with a large screen that projects the images to the trainee. The trainee can walk on the stage and perform tasks which are assigned as part of the training.

A huge benefit of an immersive environment like the one proposed by VERT, is the ability to train as long as you want without endangering someone's life. VERT is meant to be a training tool for radiotherapy. When dealing with medicine, mistakes can be deadly. Therefore, the ability to train without worrying about mistakes being critical is very useful for selling the idea of virtual reality-based training. As Liang (2007) says, "Immersive VR is able to provide a rich, interactive and engaging training context that in reality would be too dangerous, too expensive or simply impossible to access." Nowhere is this more evident than in an evacuation setting. Orr et al. (2008) created a simulation for mine evacuation. The simulation included "smoke that significantly obscures the trainees' VR vision in some areas" and moments when the ground would collapse under the avatars' feet. Obviously, this type of training would be unrealistic in real life but in a virtual environment it is very plausible.

While the previous simulations focus on visual and audio feedback to give the feeling of presence, Ruffaldi et al. (2009) expands on those senses by adding an element of touch. The training simulation is meant for competitive rowers. The rowers train by using oars in a simulated environment. While the trainee is rowing, large fans are used to simulate the force feedback that would be felt if rowing in the water. This way, the trainee can practice in an environment that is as similar as possible to rowing in actual water. The effectiveness of this training and the other ones like it is dependent on how engaged the trainee is in the training.

Engagement is a feeling one gets while interacting with someone or something. If presence is the “sense of being there,” and immersion is interacting in a world while losing sense of where one is, then engagement occurs when one feels so involved in a simulation that they feel a sense of control of the simulation and also lose track of time (Cooper 2010). In Karen Cooper’s article “Go with the Flow,” Cooper references two authors to define engagement. Astin (1984) defines engagement as the amount of physical and psychological energy that the student devotes to the academic experience. Hornik (2008) says student engagement may be associated with increased time on task, and the development of deep learning, resulting in better classroom performance. While the relationship between engagement and immersion with presence and learning cannot be overstated, it is important to know how much of these factors does it take to produce an adequate amount of presence. Bowman and McMahan (2007) advocate “investigating multiple components of immersion simultaneously with multiple levels per component while still maintaining a high degree of experimental control.” According to that logic, designing a highly interactive training method yields the best learning results. However, there is a need for tests which give credibility to the effectiveness of a training tool and to the notion that the trainees feel a sense of presence. The next section mentions several tests performed to give credibility to the effectiveness of their respective projects.

2.4 Testing

In the previous sections, several projects related to virtual reality have been discussed. However, these projects tend to be experimental in that they are innovations which are believed to be helpful in aiding in learning. Unfortunately, they lack data to support their assumptions. This section includes projects completed using objective measures. They fall in one of three categories: comparisons of two types of tools, questionnaires, and statistical test results.

Comparisons are an important aspect of determining the effectiveness of a new innovation at least in a relative sense. In order to convince a market that it should use a different technology than it has been using for a long time, the market needs to see that there is improvement from the old way. The best way to do this is to use Hypothesis testing which can be used to determine whether there is a significant improvement by a new technology over an old technology. An example of this is by Gruchalla (2004) who compared the effectiveness of the task of oil well path tracking using a desktop computer with that of a CAVE. Despite his attempts to make the two mediums the same in respects to the program and screen resolution, the task was performed better in the CAVE technology.

Sometimes though, while technology seems like it should make things better, the results do not turn out to be what was originally expected. Datey (2001) also used a desktop in a comparison. In this case, he was comparing it to an HMD. The test was for information visualization tasks with spatial components but Datey came to the conclusion that there was no statistical difference in the two methods. In a similar case, Pausch et al. (1997) predicted that an HMD with head tracking would be better for locating items than a stationary HMD with hand controls. However, there was no statistical advantage either way. These tests are important for companies potentially investing in developing innovative software or products. The chance of losing money selling a product not any more effective than the current technology could be very high.

While these methods compare different tools to determine which one is the effective option, other methods test to determine if their virtual reality tools can be used for training. One of the most common types of tests is evacuation simulation. As stated before, virtual simulations can provide situations which would be impossible to simulate in real life. For instance, there are

health risks involved in putting people in an evacuation setting with real fire. At the same time, a trainee might not feel a sense of urgency if their training is just walking around in a safe building. Orr et al. (2008) created a simulation for evacuating an underground mine fire as a response to this issue. Thirty-two people in groups of four went through the training simulation. Half of the groups were given a sample route to examine first as a way to introduce them to the virtual environment. They were then given a tougher scenario to go through. The other group was given the tougher route first. Those that were given the easiest route first performed 37% faster than the other group. With this, it was concluded that the virtual training aided the trainees in completing the route. While there were issues about whether or not the trainees were thinking for themselves (since they worked in groups and one could easily just follow the leader), a majority of the trainees reported that they felt the training was effective.

In a separate evacuation training program, Molka-Danielson and Chabada (2010) created a replica of the first floor of a university college building in Second Life to use for an evacuation simulation. Their hopes were that this simulation “could contribute to an evacuation plan for the college and to more effective evacuation training exercises by raising interest.” The simulation included putting an individual into a burning building and timing their ability to escape the building through a predetermined exit. Tables 2.2 and 2.3 show a pre-simulation survey taken by the participants and the results of the simulation respectively.

Table 2.2: Pre-Trial Survey

Pre-Trial Survey	Responses
Gender M:F	64%:36 %
Age 18-25; 26-35; >35	54%; 36%; 10%
Aware of safety procedures in their workplace or university?	67% Yes; 33% No
Have you ever been trained for safety procedures before?	72% Yes; 28% No
How many people are in your workplace or university building? -by number of employees.	Respondents were: 67% large; (>=250) 21% medium; (51-250) 9% small;(11-50) 3% micro; (<=10)
Do you know where an emergency exit at your workplace or university is?	95% Yes; 5% No
How regularly do you have safety procedures training?	33% biannually; 46% annually 3% once in 6 months 18% never
Have you experienced a fire alarm in the building?	44% Yes; 56% No
Do you feel prepared for an emergency situation?	56% Yes; 44% No
If not, what would make you more confident?	32% Practical training 5% Video training 27% Real experience 36% Virtual training
Do you think that computers and virtual worlds could be an useful simulation tool for such emergency training?	64% Yes 6% No 30% I don't know
Have you ever heard of the virtual world of Second Life?	15%Yes have used SL 45% Yes but have never used SL 40% No;

Table 2.3: Trial Results

Nr.	Factor 1:	Factor 2:	Trial 1 (time in seconds)	Trial 2 (time in seconds)
1	KB	Use	37.75	80.00
2	KB	Use	23.80	59.32
3	KB	Use	24.70	30.70
4	KB	Use	20.81	43.33
5	KB	Use	30.05	71.20
6	KB	Use	**17.88**	**28.48**
7	KB	N/SL	25.02	81.19
8	KB	N/SL	37.02	77.37
9	KB	N/SL	38.72	112.38
10	KB	N/SL	85.85	77.87
11	Not	N/SL	**18.06**	**41.20**
12	Not	N/SL	57.50	113.2
13	Not	N/SL	220.00	101.69
14	Not	N/SL	28.04	159.32
15	Not	N/SL	30.77	160.00
16	Not	N/SL	27.08	53.20
17	Not	N/SL	32.16	77.03
18	Not	N/SL	37.42	N.A.
19	Not	N/SL	31.37	137.05
20	Not	N/SL	36.3	80.47
Average of those that know the building			34.16	66.18
Average of those that do not know the building			51.87	102.57
Average for those already using SL			25.83	52.17
Average for those new to SL			50.37	97.84

Table 2.2 provides a view of the results of the pre-trial survey. It provides an example of how to report the sample data and provides a model for a questionnaire prior to using a simulation. Prior to the administration of the training, the trainees were split on virtual training and more common practical training, but a majority felt computers would be helpful. Table 2.3 shows the effect of virtual training. 'KB' means the user knew the building whereas 'Not' means they were unfamiliar with it. 'Use' means the user was familiar with Second Life and 'N/SL' means the user was not familiar with Second Life. Trial 1 and 2 represent different routes with the second one being more difficult. The times recorded for those who were trained with Second Life showed they were able to complete both escape routes in virtually half the time as those who went without it. This type of comparison is useful for determining if virtual training can be useful. From this simulation, it is clear that virtual reality had a significantly positive effect.

While the previous methods use statistical comparisons to confirm the effectiveness of a certain technology, others use a more subjective approach. Instead of comparing, they use questionnaires. These questionnaires are given after a user practices with a technology. The user answers the questions which usually are along the lines of, “To what level did you feel a sense of presence?” The tester than analyzes all the users according to their responses and draws conclusions on them. One of the most common questionnaires is the University College London (UCL) questionnaire (Slater et al., 1994; Usoh et al., 1999). This questionnaire contains seven questions measuring presence, three measuring behavioral presence, and three measuring ease of locomotion. Cheng et al. (2010) use a questionnaire to analyze the effectiveness of their virtual car engine assembly training. They used thirty trainees consisting of twenty employees from three different companies and ten undergraduate engineering students. The results of the questionnaire are shown in Table 2.4:

Table 2.4: Results of Engine Assembly Training

	Assess Results (Sums of Trainees)				
Assess Matters	Very Satisfied	Satisfied	Common	Not Good	Very Bad
Content Organization	9	18	3		
Training Strategies	12	15	3		
Training Targets	3	16	9	2	
The Overall Effect	6	21	3		

Table 2.4 shows how a strong majority of the sample felt the virtual training was a very good method. In a similar test, Bajka et al. (2008) used a questionnaire to evaluate their virtual simulation of a hysteroscopy. They took sixty-two gynecologists and put them all through twenty minutes of hands on virtual training. The sample of surgeons can be summarized in Table 2.5.

Table 2.5: Sample of Gynecologists

Number of Surgeries	Number of Surgeons
>50	26
≤50	36

These participants were asked to rate on a 7-point Likert scale, how effective they felt the simulation was. Table 2.6 shows the results of the questionnaire but only includes the first three levels of the scale, as no one rated the simulation worse than a "5."

Table 2.6: Likert Scale

	Absolutely Realistic	Realistic	Somewhat Realistic
Scale	7	6	5
Number of Surgeons	4	40	16

Those that were less experienced rated the training at an average of 6.48 while the more experienced surgeons rated the training at an average of 6.08. For this study, 95.2% believed that the training was adequate, and 85.5% suggested the training to be given to all inexperienced surgeons.

2.5 Physiology

While the previous authors claim their tests give credibility to the effectiveness of virtual reality, they mostly fail to cover the idea of physiological factors. The test results are from subjective questionnaires asking questions like, "Did you feel a sense of presence?" Even if the trainee answers to the highest level possible depending on the scale, there is no real proof if they truly felt immersed in the virtual environment. A true test on physiological response is still missing.

While testing has been scarce, the ability to test for physiological responses is well within the realm of possibility. Slater et al. (2010) say that when a trainee is going through a virtual training environment, they should have physiological responses and should show behavior that supports the idea that they are immersed in their environment. The experimenter just needs to know what to test. Stress tends to be the most common sensation tested. Durrani and Geiger (2008) claim that the introduction of stress into an experiment causes an increase in engagement

and subsequently, in training effectiveness. If that is true, physiological factors correlating to stress can be tested. Slater et al. (2009) states three factors which correlate to stress are skin conductance, heart-rate, and heart-rate variability. Meachen et al. (2002) used these factors, sans heart-rate variability, to study stress using a visual cliff. In something that can be used in the future, Durrani and Geiger (2008) propose a statistical approach to study knowledge transfer and skill development by comparing virtual training and traditional training based on physical cue fidelity and neurophysiologic response.

2.6 Future Projects

Durrani and Geiger's approach is simply a proposal. There are a few more projects underway which relate to virtual trainings and presence. For instance, Monahan et al. (2009) want to develop training environments for emergency preparedness training exercises. According to them, there are two alternatives to virtual training: live exercises and tabletop exercises. Live exercises saw an increase in use for emergency training following the September 11th attacks on the World Trade Center and the Pentagon. Unfortunately they face the drawbacks of being costly and needing a large number of volunteers to help train a small number of people. Tabletop exercises suffer from lack of visual stimulation. Virtual worlds do not suffer from these drawbacks as the cost of transportation and loss of work days can be solved by performing trainings in a virtual world in which a person can connect to wherever they are located. Additionally, virtual worlds offer a visual stimulus not present in tabletop exercises. Therefore, Monahan et al. believe the use of virtual worlds for emergency training is more cost efficient and more stimulating than the possible alternatives.

Another future endevor is being conducted by Mott and Rajaei (2010). Their goal is to design a system which uses a standard webcam and advanced computer vision techniques to

allow the learners use of their hands when interacting with the virtual objects. This approach is a response to the use of virtual gloves which are used for the same effect. However, they feel this is a less expensive alternative. Cai (2008) wants to create a 3D environment that simulates the real business world while at the same time provide interfaces to 3D application users for them to interact with the virtual world. These future projects should add to the available literature on virtual reality. Even without proper testing procedures, the literature can still provide useful information.

2.7 Conclusion

Because virtual reality is a fairly recent innovation, there has not been a large amount of research done on the topic, as it relates to learning effectiveness. While there have been a fair share of simulations using virtual reality, they have lacked an adequate amount of testing to give credibility to their effectiveness. Creators of devices, trainings, or simulators using virtual reality tend to confirm the effectiveness of their creations with assumptions or subjective questionnaires. Objective evidence of the effectiveness of virtual reality is still lacking. A mixture of test data and physiological data can go a long way in giving credibility to virtual reality as a testing method. Bronak at al. (2006) state, “We believe that virtual worlds support deep learning and can help learners make meaning in ways similar to outside…environments. Our experience suggests that virtual worlds offer participants a sense of presence, immediacy, movement, artifacts, and communication unavailable within traditional Internet-based learning environments.” Now the only thing to do is attain data that can give credibility to this assertion.

CHAPTER III

METHODOLOGY

3.1 Experiment Overview

In order to verify if virtual worlds can be as effective as more traditional methods, a comparative study is created in which two instruction types, Second Life and a traditional set of paper-and-pen exercises called case studies, are used. The subjects in the study are evenly separated into the two groups and then tested on the final day of the experiment. The results from this final assessment are used to determine if one of the instruction types is more effective than the other. The procedure for this experiment is outlined in Figure 3.1.

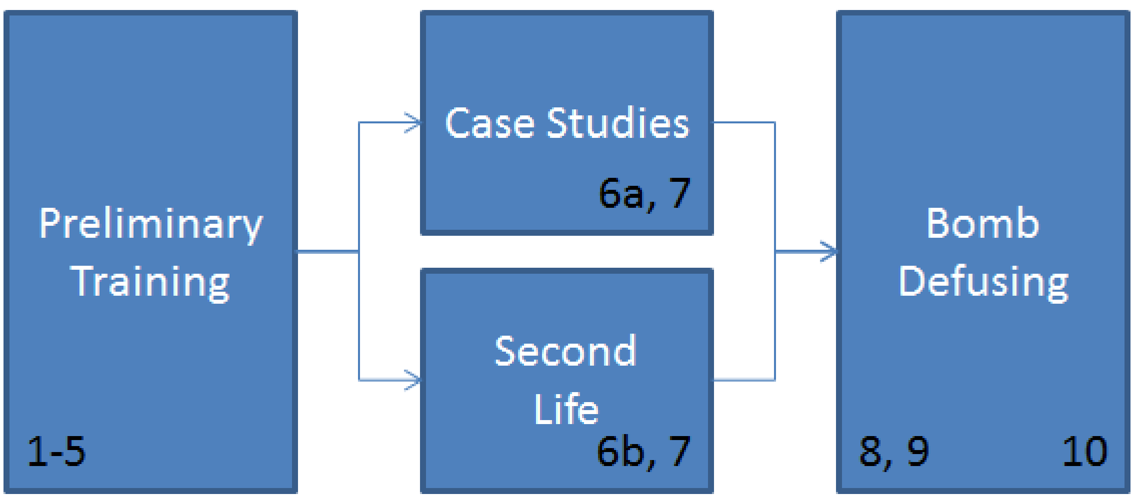


Figure 3.1: Block Diagram of Experiment

On Day 1, the subjects go through a preliminary training where they learn about improvised explosive devices (IED's). The subjects learn how IED's work and the damage they

can cause. In addition they learn the procedures for defusing a bomb. In Day 2 the subjects are separated into two groups: a paper and pen training group using classical case studies and a virtual environment training group using the Second Life software. In this part of the training, the subjects apply what they learned in Day 1 to simulated situations and are provided with feedback in order to gain experience. The difference is in the medium in which they experience the simulations. On the final day, the subjects, one at a time, apply what they have learned in a live scenario with a victim played by an actor or actress. They are given a time limit and are graded on how well they perform the necessary procedures.

In addition to the training, each subject fills out a series of questionnaires throughout the course of the experiment. The numbers on the bottom of the blocks in Figure 3.1 refer to the questionnaires completed during the experiment. The placement of the numbers (left and right) indicates when in the day the subjects take the questionnaires (before and after the training respectively). The questionnaires are listed below in Table 3.1.

Table 3.1: List of Questionnaires

#	Questionnaire
1	Screening Form
2	Consent Form
3	Demographics
4	The Big Five Inventory
5	Sensation Seeking Scale
6a	Case Studies Questionnaire
6b	Second Life Questionnaire
7	Bomb Training Evaluation Form
8	State-Trait Anxiety Test
9	Edinburgh Handedness Inventory
10	Post Experiment Questions - Anxiety Questionnaire

The details of the experiment are organized by the day in which the activities occur. First is the preliminary training in Day 1.

3.2 Day 1: Preliminary Training

At the start of the experiment the subjects are introduced to the experiment's conductors and are told about how the payment for their time is administered. The subjects are also warned not to try to utilize this training in a real situation. The material presented to them is for research purposes only, and it lacks enough depth to fully qualify the subjects as bomb experts. After the initial introduction, each subject is required to complete the Screening Form. This form is used to screen out any subjects that would have a high chance of being harmed by the content of the experiment or subjects that do not meet the age or school registration requirements. After the screening is completed, the subjects are given the Consent Form in which they grant permission to be used as human subjects. The nature of the experiment is described and the subjects are told they may opt out of the experiment whenever they wish. After signing the Consent Form the subjects are given note cards with their Subject Numbers and their log-in information. The numbers are provided randomly and range from 1 to 65. With their note card, each subject logs into the experiment's web page and begins their preliminary training by completing additional questionnaires.

The three questionnaires completed by the subjects prior to beginning their training are the Demographics Questionnaire, The Big Five Inventory, and the Sensation Seeking Scale. The Demographics Questionnaire asks questions about their history with Second Life along with some general questions about age and college grade level. The Big Five Inventory is a personality test that rates subjects based on five factors: openness, conscientiousness, extraversion, agreeableness, and neuroticism. The Sensation Seeking Scale is another personality test. It is used to assess the subjects' tendency to engage in spontaneous and potentially

dangerous behavior. After taking the questionnaires, the subjects can move on to the actual training.

3.2.1 Preliminary IED Training

To begin the training, the subjects read through a file that contains seven links. The first link contains some basics about explosives. The second gives information about how bombs cause damage. The third provides the subject with an option to open a file containing information on render safe procedures as either a Word document or a PDF file. The fourth link opens a PDF document where the render safe procedures are detailed. After reading the PDF document, the subjects open a Soft Chalk file in the fifth link which has more information regarding the effects of IED explosions and the process that initiates the explosive. Using this knowledge, the subject learns how to defuse an IED by learning the components of the bomb and the order to defuse it without accidently causing it to explode. The subject is also given several matching exercises to practice learning the components of IED’s and the procedures for defusing explosives. Additionally, the subjects are given note cards with the render safe procedures typed out in order to help them remember the procedures. After they have completed the training, the subjects take an assessment test in the sixth link to assess how well they learned the material.

3.3 Day 2: Case Studies or Second Life Training

On the second day, the subjects are split into two groups: a paper and pen training group (case studies) and a virtual environment training group (Second Life software). The subjects in the paper and pen training group are the ones that received an odd number for their subject number. The even-numbered subjects take the virtual environment training. The two types of training are administered separately. Therefore they are discussed in individual sections aptly labeled Case Studies and Second Life respectively.

3.3.1 Case Studies

Before starting the case studies, the subjects are given a chart which helps them evaluate the blast radius of an IED and the corresponding distance that is safe for evacuation. The subjects are presented with three case studies. In each case, the subject is provided with information about the situation. The subject completes a series of matching exercises and multiple choice questions. After answering the questions, the subject assesses how the explosive looks and proceeds to draw the explosive and label its components. The subject completes the case by completing an ordering exercise in which they label each wire of the explosive in the order it is to be cut. After each case study is completed, the subjects are provided with the answers to the questions and then the next case begins. The three cases are described below:

3.3.1.1 Case Study 1: Unvacated Business Building

Early Thursday morning, a security officer of BioPharm Corp. finds a bomb on the first floor stairway while doing a routine security walk through of the 30 story building. The building is located in the center of downtown Dallas, TX. Upon discovering the explosive, the officer contacted 911 for help. This is where the subject comes into the case study. When they arrive, the subject is met by the security officer who provides them further details.

Details

Bomb Location: Hidden Behind first floor Stairway

Civilians: The building cannot be totally evacuated. There are a number of labs that require personnel to remain in order to protect the community.

Possible Suspects: Police reinforcements are patrolling the surrounding area and reviewing security tapes, but have not found any suspects.

Bomb Visual: The case study is accompanied with pictures of the bomb shown in Figure 3.2.

Figure 3.2: Bomb in Case Study 1

3.3.1.2 Case Study 2: Vacated Bus on Active Highway

A 60 passenger Greyhound bus which left from Houston, Texas en route to the McAllen Bus Station has stopped on the side of Highway 281 near by Monte Cristo. One of the passengers in the bus, having moved to a recently vacated seat, discovered a box with a bomb inside. When you arrive you are greeted by a police man who notifies you that there are current efforts on the way to block the highway.

Details

Bomb Location: Found on top of 3rd row seat

Causality Risks: Bus emptied, however cars are still occupying the road by the busses current location.

Possible Suspects: Passenger previously occupying the seat where the bomb is located exited on the previous stop. All efforts are being made to locate suspect.

Bomb Visual: The case study is accompanied with pictures of the bomb shown in Figure 3.3.

Figure 3.3: Bomb in Case Study 2

3.3.1.3 Case Study 3: School Janitor's Room

In the afternoon of April 5th, 2009, the Janitor of Edinburg Junior High went to the Janitor's room to retrieve a mop in order to clean up a spill that took place in the cafeteria. When reaching for the mop, the Janitor noticed a foreign object located on the floor of the room. Upon closer inspection he realized it was a bomb and quickly ran to the Administration office to notify the principal. The principal then notified authorities, which luckily had located you there for your son's Career Day. You are quietly asked to step out of the room and then notified of the situation by the principal.

Details:

Bomb Location: On 1st floor Janitor Room, placed on the floor.

Causality Risks: The school has barely begun the evacuating process of the Jr. High School. You are told that on fire drills it takes approximately 10 minutes for school to be evacuated.

Additional Information: Janitor had noticed that the timer seemed to stay on 15 minutes and 49 seconds. But unsure if that is a decoy. There is also a woman tied up near the bomb.

Suspects: No known suspects.

Bomb Visual: The case study is accompanied with pictures of the bomb shown in Figure 3.4.

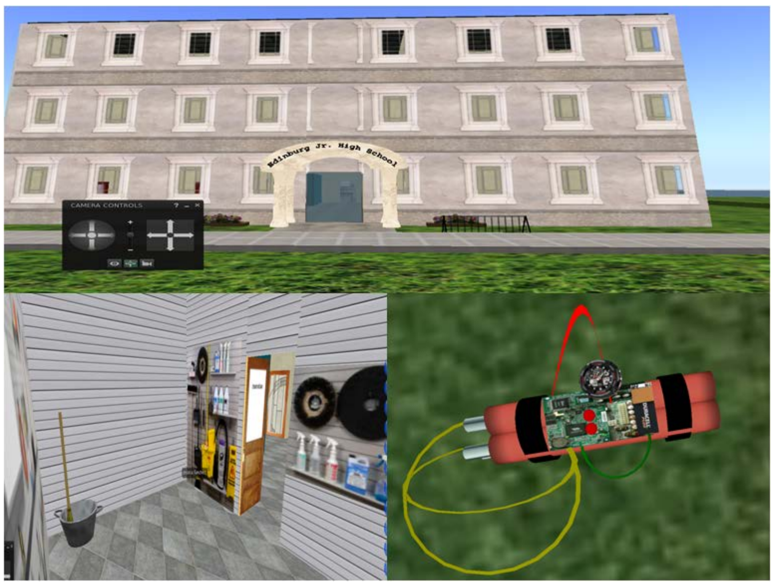


Figure 3.4: Bomb in Case Study 3

3.3.1.4 Questionnaires

Following the completion of the three case studies, the subjects complete two questionnaires. The first is the Case Study Questionnaire which assesses the effectiveness of the Case Studies in properly training the subjects. The second questionnaire is the Bomb Training Evaluation Form located in the seventh link of the file from the first day of training. This form assesses the effectiveness of the entire training according to the subjects. After they complete their questionnaires, the subjects are now ready to take their final test.

3.3.2 Second Life

Whereas the odd-numbered subjects participated in the case studies, the even-numbered subjects participate in the Second Life training. The Second Life training consists of the same scenarios used in the case studies and in the same order. However, the beginning of the training begins with a tutorial on how to use some basic functions of Second Life. Using the log-in information on their cards, the subjects enter the Second Life virtual world. The subjects start at the outside of a training facility where they first learn how to walk. A screen shot of this tutorial is shown in Figure 3.5.

Figure 3.5: Second Life Walking Tutorial

After walking through the door, the subjects learn how to touch objects and zoom in and out to get a better view of them. Figure 3.6 and Figure 3.7 show this part of the tutorial.

Figure 3.6: Second Life Touching Objects Tutorial

Figure 3.7: Second Life Zoom Tutorial

Using the zoom feature, the subjects can look at an IED and practice defusing it by clicking on the wires. After practicing with the IED, the subjects look at sign with instructions for progressing through the scenarios. A screenshot of this instructional sign is shown in Figure 3.8.

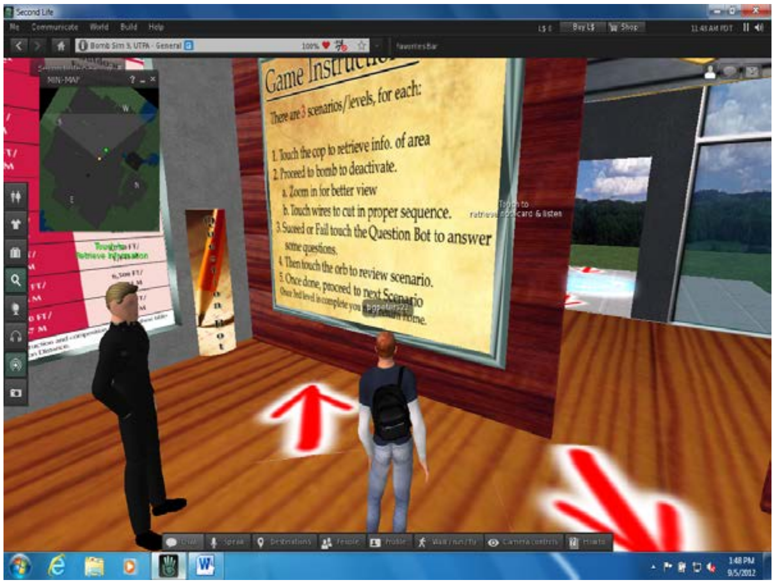


Figure 3.8: Second Life Instructions

The instructions on the sign tell the subjects to first click on the police officer to gather information on the scenario. To practice this, a police officer is placed near the sign. If the subjects click on him, they are shown a window containing different types of information that the subjects can gather from the officer. This is shown in Figure 3.9. Next the subject answers the same multiple choice questions provided to the Case Study group. While a programmed ‘Question Bot’ was to be used for the questions, multiple problems led to the questions being typed on a Word document and displayed to the subject. After answering the multiple choice questions, the subject defuses the IED. After defusing the IED, the subject reviews the scenario before moving on to the next scenario. The review includes the proper evacuation distance, the threat level, the steps to ensure public safety, and the procedure to defuse the IED.

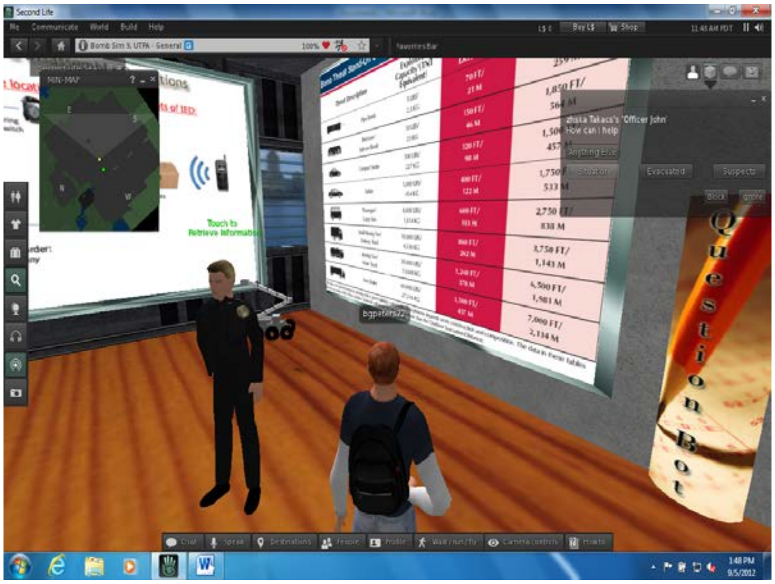


Figure 3.9: Second Life Police Officer Tutorial

After completing the tutorial, the subjects continue to the scenarios which are identical to those in the Case Studies.

3.3.2.1 Questionnaires

Following the completion of the Second Life training, each of the subjects complete two questionnaires. The first is the Second Life Questionnaire which assesses the effectiveness of Second Life in properly training the subjects. The second questionnaire is the Bomb Training Evaluation Form. This form assesses the effectiveness of the entire training according to the subjects. After the subjects complete their questionnaires, they are ready to for the final day of the experiment.

3.4 Day 3: Final Scenario

3.4.1 Preliminary Questionnaires

The final day of the training begins with the test subject taking the State-Trait Anxiety Inventory. In this inventory the subjects are given several statements. The subject rates themselves on a scale of 1 to 4 with 1 being that the statement does not describe them at all and 4 being that the statement describes them “very much so.” After taking the State-Trait Anxiety Inventory, the subject is verbally given the Edinburgh Handedness Inventory. In this questionnaire, the subject is asked whether they use their right or left hand for a series of everyday activities such as brushing their teeth or writing. The purpose of the questionnaire is to determine the subject’s dominant hand so not to interfere with attachment of electro-dermal sensors. After completing the questionnaires, the sensors for the physiological measurement detailed in the next section are placed on the subject.

3.4.2 Physiological Arrangement

The physiological equipment being used in this experiment is provided by BIOPAC Systems, Inc. The equipment consists of biotelemetry modules designed to receive signals from battery charged transmitters. The transmitters that are connected to the physiological transducers relay the signals wires that are either clipped or attached with an adhesive to the subject. The physiological measurement being taken is the subject’s heart rate using an Electrocardiogram (ECG).

3.4.2.1 ECG

Figure 3.10 displays electrode placement for the ECG. First the skin is prepared by using an alcohol swab to clean off any excess dirt or oil from the skin. Next three pads are attached to the subject’s chest: one under each pectoral muscle, and another underneath the right clavicle. A red, white, and black clip lead is used to set up the ECG. The red wire is clipped under the left

pectoral muscle and the black wire is clipped under the right pectoral muscle. Finally, the white wire is clipped under the right collarbone. The three-wire lead is attached to an ECG transmitter and the transmitter is taped to the subject's shirt.

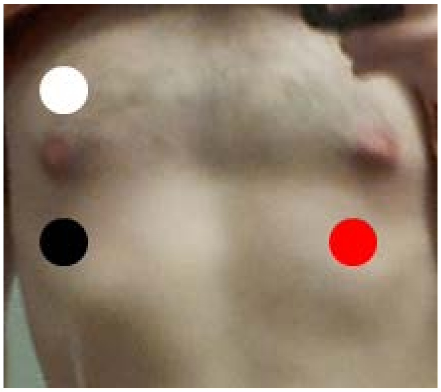


Figure 3.10: ECG Arrangement

3.4.3 Final Test

To begin the test, the subject sits still for ten minutes in order to get a preliminary baseline of their physiological measurements and to acclimate to the situation. After the ten minutes are completed, one of the researchers enters the room and presents the scenario to the subject. The subject reads the scenario and is given a notepad, a pen, and a flashlight as their resources. When they are ready, they are taken into the scenario room with a victim who has a mock bomb attached to them. The subject has 15 minutes to defuse the bomb. While the subject is defusing the bomb, they are graded on how they perform the actions they were trained to perform. After the scenario is completed, the subject has the sensors removed and is taken outside to take one final questionnaire. This questionnaire assesses the anxiety the subject says they felt during the scenario.

The completion of the final questionnaire marks the conclusion of the experiment. Following the conclusion of the experiment, all the data was collected and organized for analysis. In the next chapter, the data from this experiment is analyzed in order to draw

inferences about whether one instruction type was more effective than the other at teaching the subjects how to defuse an explosive device.

CHAPTER IV

DATA ANALYSIS

4.1 Outline of Data Analysis

As explained in the previous chapter, this experiment is performed over a three day span. Therefore, the data gathered from this experiment is presented in the order in which it is collected. An overview of the subjects' demographic information is provided first as are the results of the assessment the subjects complete following the conclusion of their first day of training. The results of the Big Five Inventory and the Sensation Seeking Scale are provided in Appendix 1 and 2 respectively.

On the second day of their training, the subjects are broken up into two groups and receive a specialized instruction based on their grouping. The even-numbered subjects received the Second Life instruction while the odd-numbered subjects received the case studies instruction. Following the completion of their training, each subject completes a questionnaire assessing their opinion of the effectiveness of their particular training. The results of the questionnaires are provided along with the result of the Bomb Training Evaluation Form, a questionnaire assessing the effectiveness of the training overall.

On the final day, each subject completes their final assessment. Prior to completing the assessment, the subjects each take the State-Trait Anxiety Questionnaire, a questionnaire designed to assess the difference between a subjects' normal anxiety and the anxiety the current situation is eliciting. The results of this questionnaire are provided in Appendix 3. The

purpose of this experiment is to determine if the instruction type has an effect on the subjects' ability to learn and perform a task. The result of testing whether the instruction type affected the subjects' performance in terms of completing render safe procedures and correctly defusing the bomb is provided. In addition, a test is conducted to assess whether subjects that took one instruction type were calmer than the subjects that took the other. This is done by using physiological measurements recorded during the final day of the experiment. For this experiment, the measurements analyzed are the subjects' heart rates. Finally an overview of the subjects' perception of the final assessment is provided.

4.2 Day 1

4.2.1 Demographics

This experiment was limited to current male students of the University of Texas-Pan American. In addition, the students had to be eligible to work in the United States. Potential subjects that noted a history of epilepsy, seizures, post-traumatic stress disorder, or panic attacks were disqualified from the experiment. Sixty-five male participants participated in this experiment. On the first day of their training, the subjects were given a survey asking for demographic information as well as their familiarity with Second Life. The questions asked are as follows:

- Question 1: What is your age?
- Question 2: What is your classification?
- Question 3: Please indicate your current level of familiarity with computer games and gaming.
- Question 4: Please indicate your current level of awareness about Second Life, on a scale of 1 to 6.

- Question 5: Approximately how many months ago did you first use Second Life? (Please enter only whole numbers. For example, if you started using it 3 years ago, enter 36; if you have never used it before, enter 0):___months ago.
- Question 6: Please indicate how frequently you use Second Life for personal leisure or communication, on a scale of 1 to 6:

The responses for Question 1 are summarized in Figure 4.1.

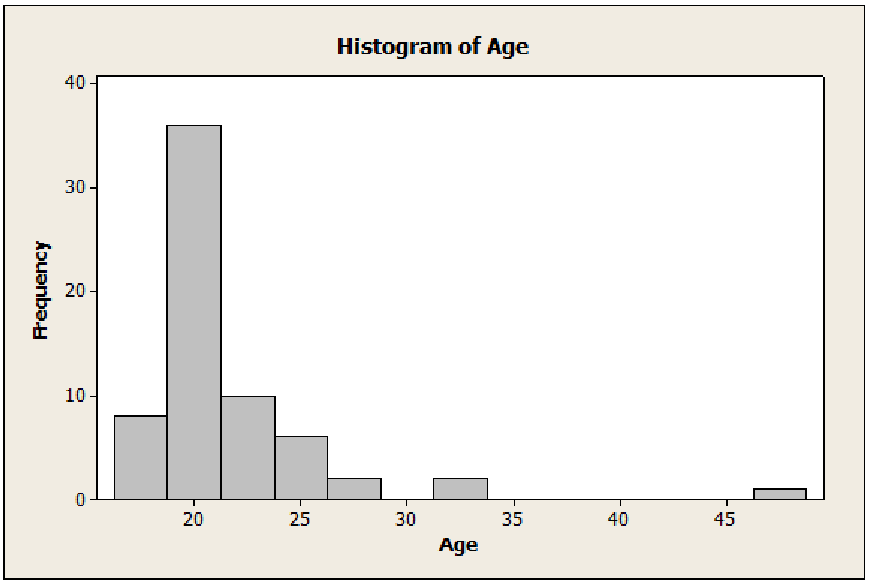


Figure 4.1: Subjects' Ages

Figure 4.1 shows that a strong majority of the subjects were between the ages of 18-20 which is expected as those are typically the years that people attend college. The classification of each of the subjects was examined next. Figure 4.2 summarizes the subjects’ responses in regards to their college classification.

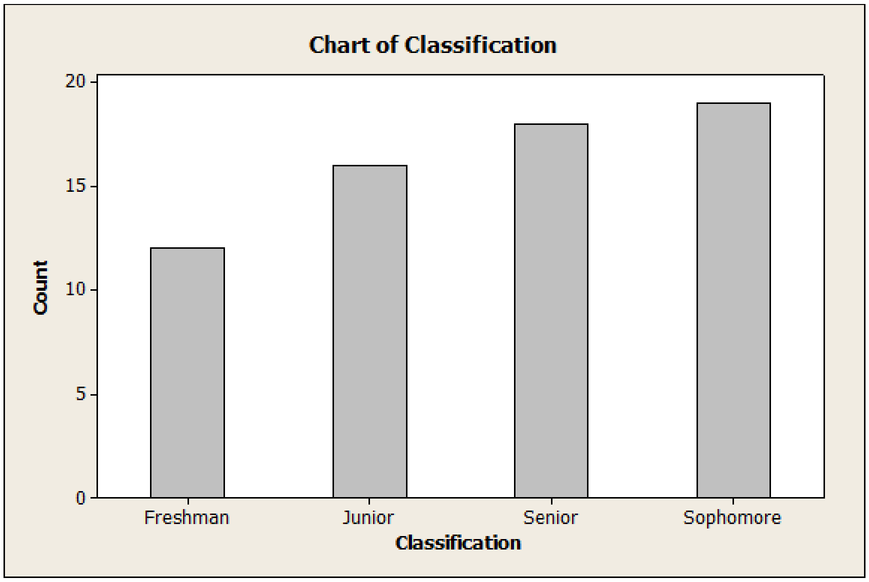


Figure 4.2: Subjects' Classifications

The distribution of classifications is almost uniform. Seniors and sophomores make up a majority of the subjects while there were an almost equal number of freshmen and juniors. Figure 4.3 displays how much familiarity with computer games the subjects have. They were asked to respond based on the following scale:

- 1: Never played computer games
- 2: Little experience with computer games
- 3: Some experience with computer games
- 4: Fair amount of experience with computer games
- 5: Moderate experience with computer games
- 6: Significant experience with computer games

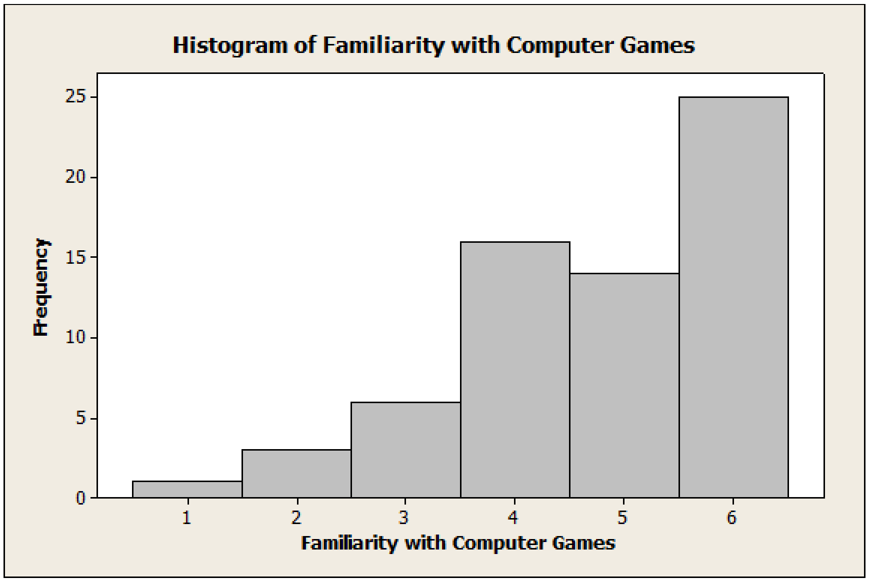


Figure 4.3: Subjects' Familiarity with Computer Games

According to Figure 4.3, most of the subjects rated at a 3 or above with only three subjects mentioning that they had little to no computer game experience. Their awareness with Second Life was quite different. The subjects were asked to rank their awareness on 1-6 scale with 1 meaning that they never heard of Second Life and 6 meaning they are significantly familiar with Second Life. Figure 4.4 shows that over half of the subjects did not know about Second Life and only one subject reported they were significantly familiar.

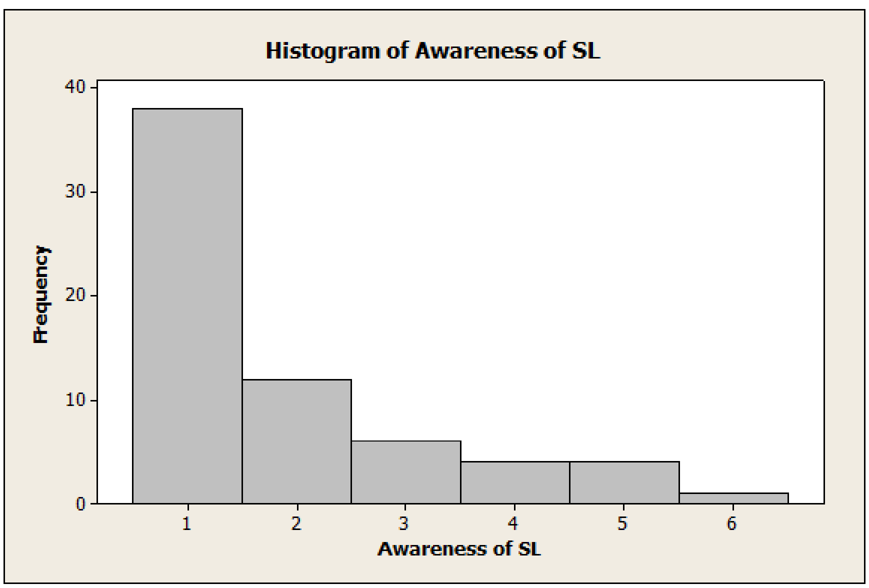


Figure 4.4: Subjects' Awareness of Second Life

Due to the majority of the group lacking any experience with Second Life, a majority of the group reported that they had no experience using Second Life as almost all of them recorded a response of 0. Figure 4.5 shows this result.

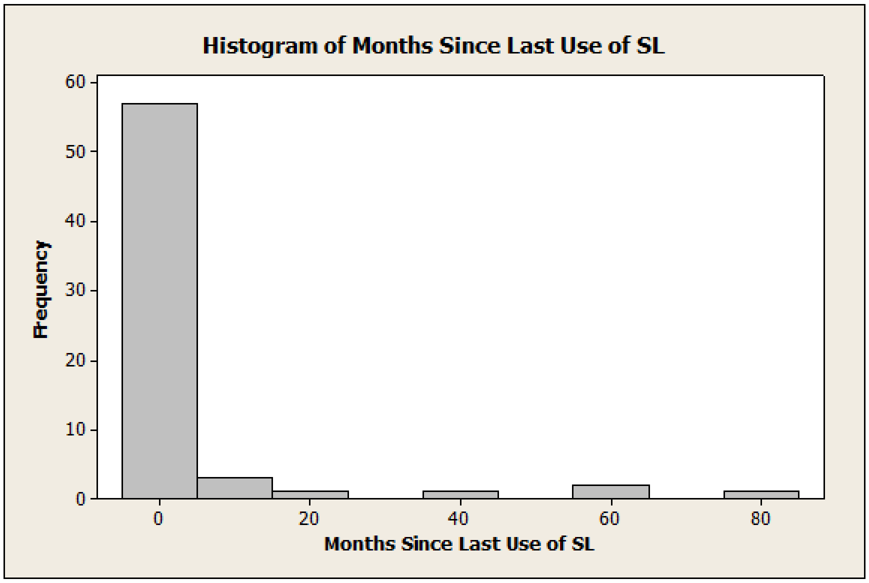


Figure 4.5: Months since Subjects' Last Usage of Second Life

Unsurprisingly, as is shown in Figure 4.6, all but one of the subjects recorded a 1 for their frequency of use of Second Life for leisure. Since this was also supposed to be on a 1-6 scale with 1 meaning ‘I do not use it at all’ and 6 meaning ‘I use Second Life very frequently’ the results indicate that almost no one in the group uses Second Life.

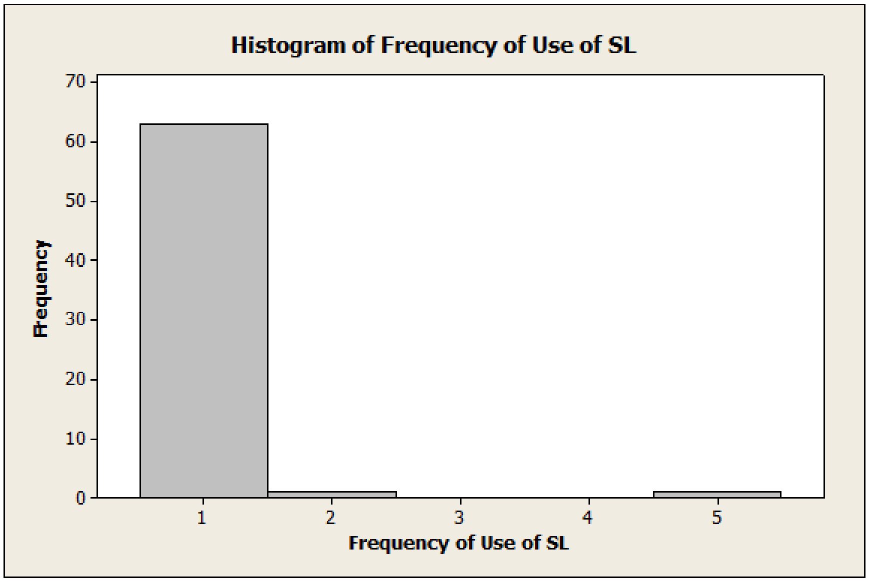


Figure 4.6: Subjects' Frequency of Use of Second Life

The results of the demographics survey reveal that a strong majority of the subjects would be introduced to something new if they were to receive the Second Life training.

4.2.2 Render Safe Assessment Summary

Prior to concluding their first day of training, the subjects complete the Render Safe Assessment. This assessment is meant to test the subjects' knowledge of what they read during the first day of training. A summary of the results for the subjects is shown in Figure 4.7.

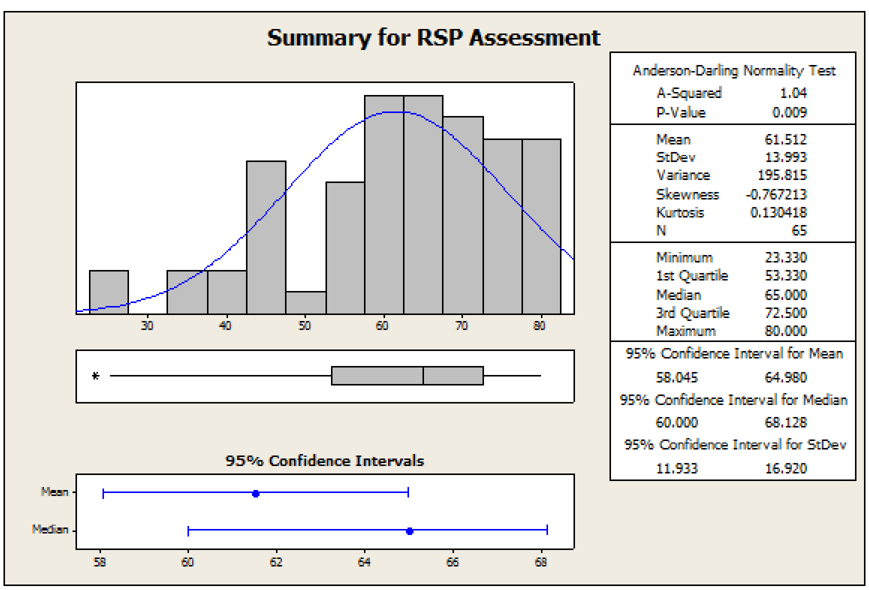


Figure 4.7: Summary for Render Safe Assessment

The results show that on average the subjects obtained a score of about 61.5 out of a possible 80 points. The lowest score was a 23.33 while the highest was the maximum score of 80. The confidence interval for the mean shows that with 95% confidence, the mean falls between 58.04 and 64.98.

4.3 Day 2

As previously mentioned, the subjects are broken up into their respective groups on the second day of their training. Day 2 consists of each group going through a specialized training with odd-numbered subjects receiving the case studies instruction and the even-numbered subjects receiving the Second Life instruction. Following their training, each subject completes a survey for the instruction type under which they are trained and then completes a survey assessing their opinion of the training overall.

4.3.1 Case Studies Questionnaire

The Case Studies Questionnaire consists of six questions with responses recorded on a 6-point Likert scale where 1 means ‘Strongly Disagree’ and 6 means ‘Strongly Agree.’ The questions provided are as follows:

- Question 1: I experienced a high level of interaction in the case studies scenarios.
- Question 2: The case studies did a very poor job of using a story to explain tasks.
- Question 3: I believed that I was a character in the scenarios.
- Question 4: The case studies were very unrealistic.
- Question 5: The writing was very descriptive.
- Question 6: The case studies training was not at all engaging.

The questions alternate between positively and negatively connoted questions to avoid subjects just choosing the same answer for every question. Figures 4.8 through 4.13 summarize the

subjects' responses to each of the questions. Note that instances of an asterisk denote that a subject failed to answer one of the questions.

Figure 4.8 displays the results of the subjects' responses to the first question.

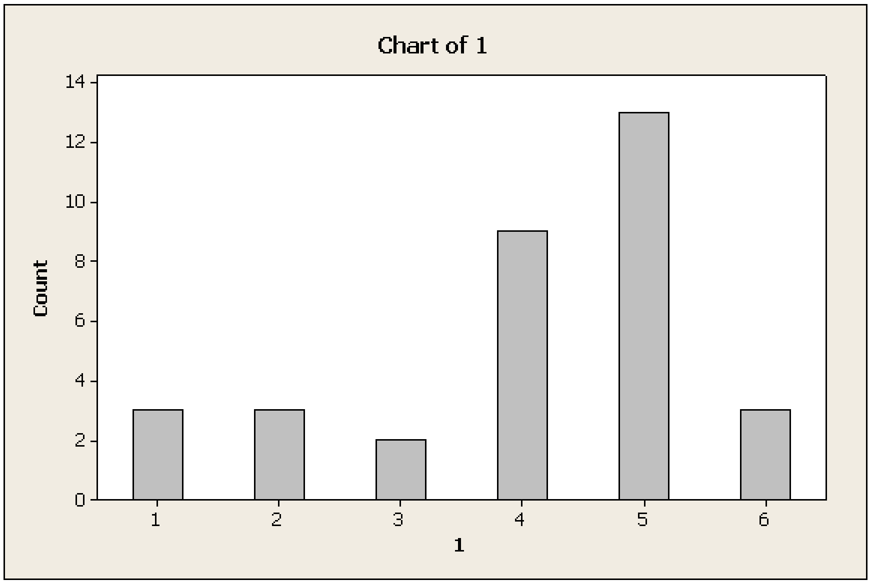


Figure 4.8: Summary of Case Studies Question 1

Figure 4.8 shows that a majority of the subjects found the case studies to be interactive with a rating of 5 being the most common response. Since the positively connoted question was mostly answered with high marks it can be expected that a negatively connoted question would be answered with mostly low marks. Figure 4.9 displays exactly this trend.

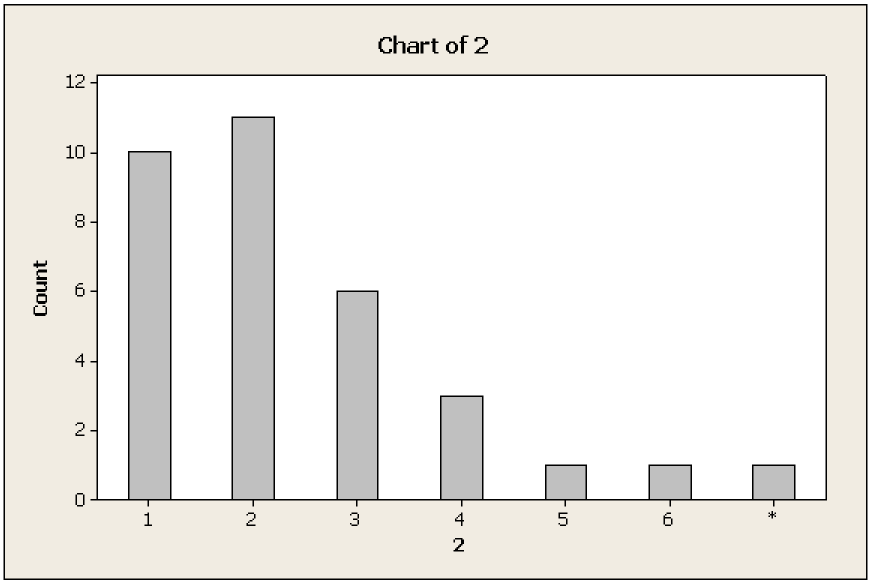


Figure 4.9: Summary of Case Studies Question 2

According to Figure 4.9, most of the subjects disagreed strongly about the assertion that the case studies did a poor job of using a story to explain the tasks they were to complete. Figure 4.10 displays the results of the third question which asked if the subjects felt they were a character in the scenario. The results are positive, but the highest rated response is a neutral ‘Somewhat Agree.’

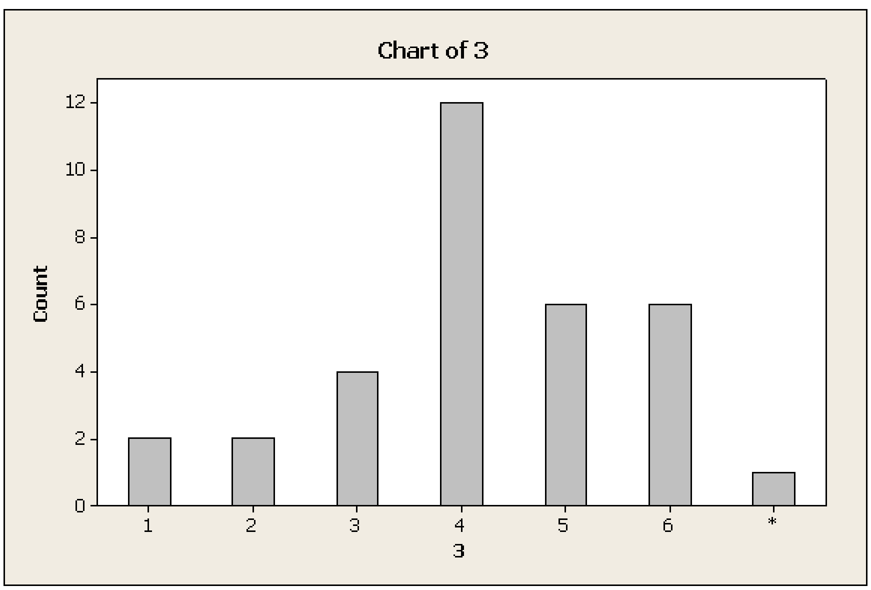


Figure 4.10: Summary of Case Studies Question 3

Figure 4.11 shows that the subjects disagreed with the assertion that the case studies were unrealistic showing that they felt the scenarios could take place in a real-life environment.

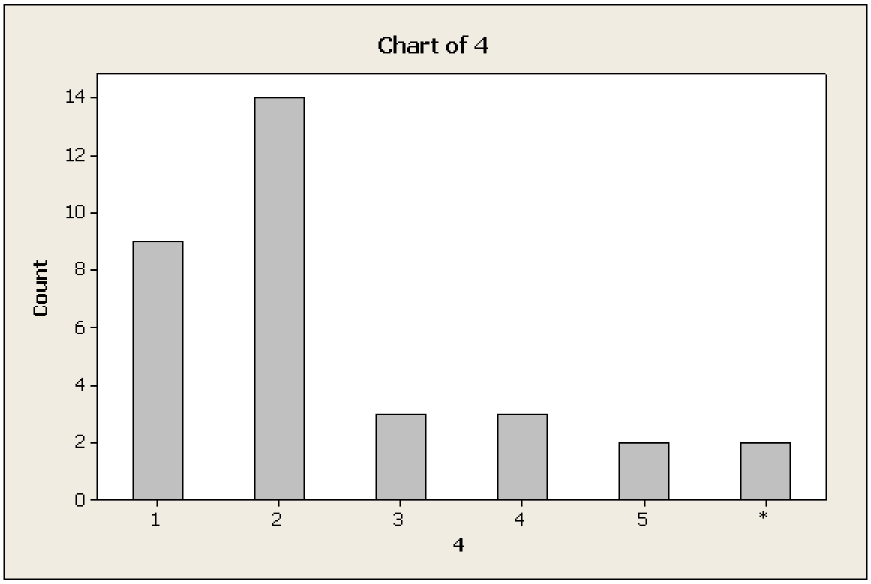


Figure 4.11: Summary of Case Studies Question 4

Figure 4.12 shows that the subjects' thoughts on the descriptiveness of how the cases were written vary widely. While more subjects agreed with the assertion than disagreed, there was still a strong contingency that disagreed.

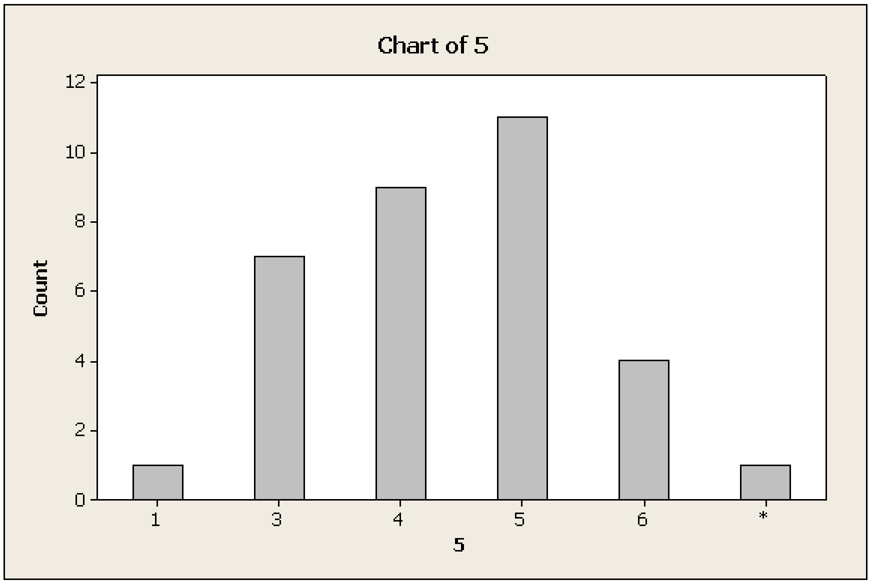


Figure 4.12: Summary of Case Studies Question 5

The results of the final question are displayed in Figure 4.13.

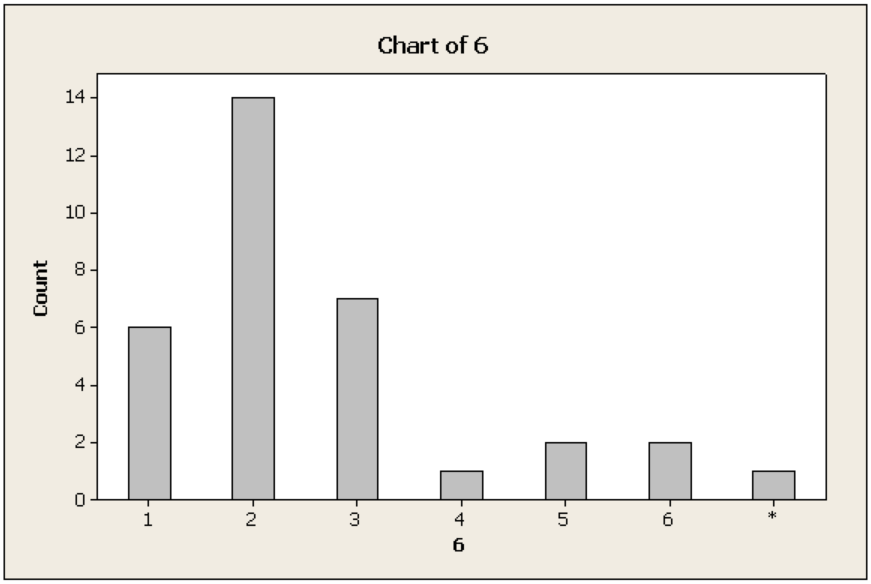


Figure 4.13: Summary of Case Studies Question 6

The results indicate that the subjects found the case studies engaging although there were a couple of subjects that felt strongly agreed with the assertion that the case studies were not at all engaging. The results of the questionnaire imply that there was a general good feeling towards the case studies. In the next section, a similar questionnaire assessing the subjects' opinion about the Second Life training is provided.

4.3.2 Second Life Questionnaire

While one group took the case studies training, the other group was taking the Second Life training. After completing their training, the subjects completed a questionnaire similar to that of the case studies group. The subjects responded to the questions using the same 6-point Likert scale as used in the case studies training. The questions asked in the questionnaire are listed below:

- Question 1: I experienced a high level of interaction in the Second Life scenarios.
- Question 2: The Second Life did a very poor job of using a story to explain tasks.
- Question 3: I believed that I was a character in the scenarios.
- Question 4: The Second Life scenarios were very unrealistic.

- Question 5: The sound effects were very realistic.
- Question 6: The Second Life training was not at all engaging.

Just as with the case studies questionnaire, the questions in the Second Life questionnaire alternate between positively and negatively connoted questions to avoid subjects just choosing the same answer for every question. Figures 4.14 through 4.19 summarize the subjects' responses to each of the questions. Again, note that instances of an asterisk denote that a subject failed to answer one of the questions.

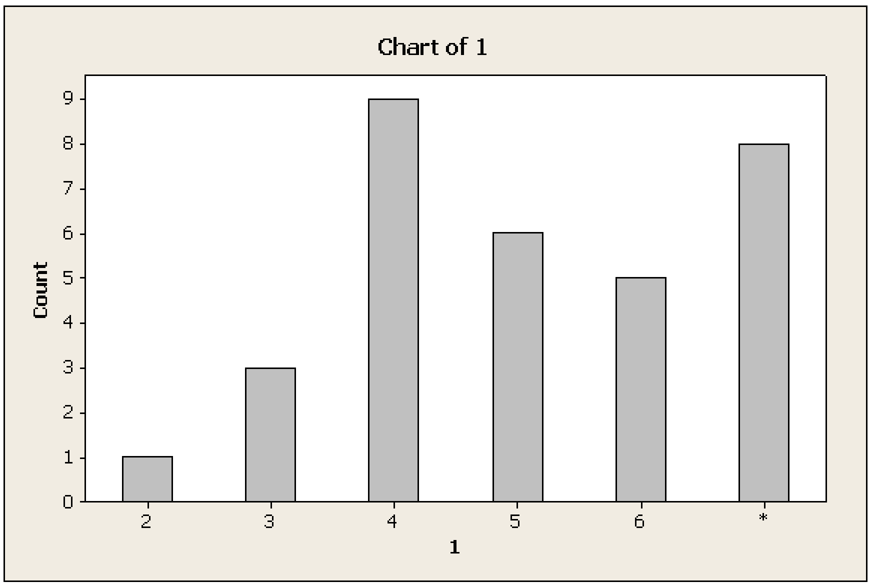


Figure 4.14: Summary of Second Life Question 1

According the Figure 4.14, a majority of the subjects reported that they felt a high level of interaction while they were training in Second Life. A majority of the subjects also reported that they felt the training did a good job of using stories to explain the tasks as indicated with the subjects disagreeing with the negative wording of the question. This is shown in Figure 4.15.

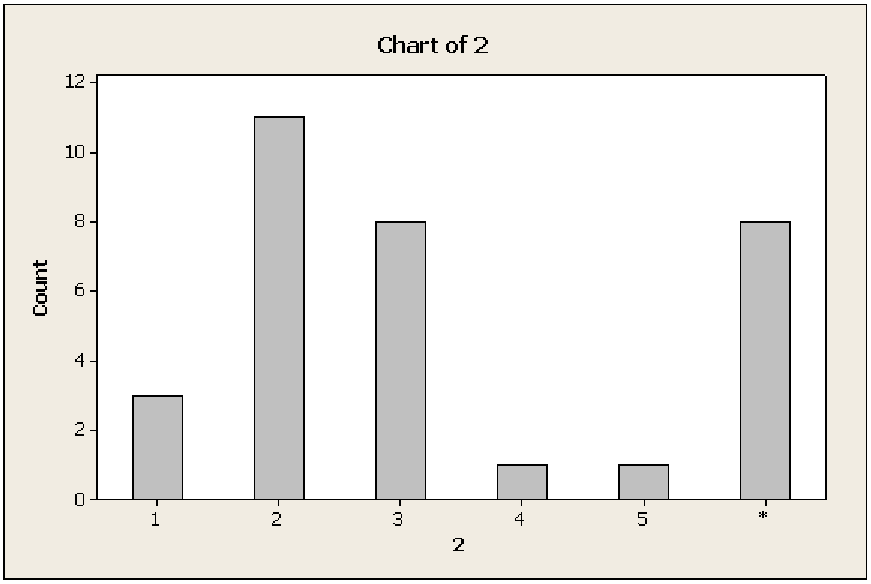


Figure 4.15: Summary of Second Life Question 2

The next question received mixed responses. About the same amount of people reported that they felt they were the character in the scenarios as the people who said they did not feel this way. The results for Question 3 are shown in Figure 4.16.

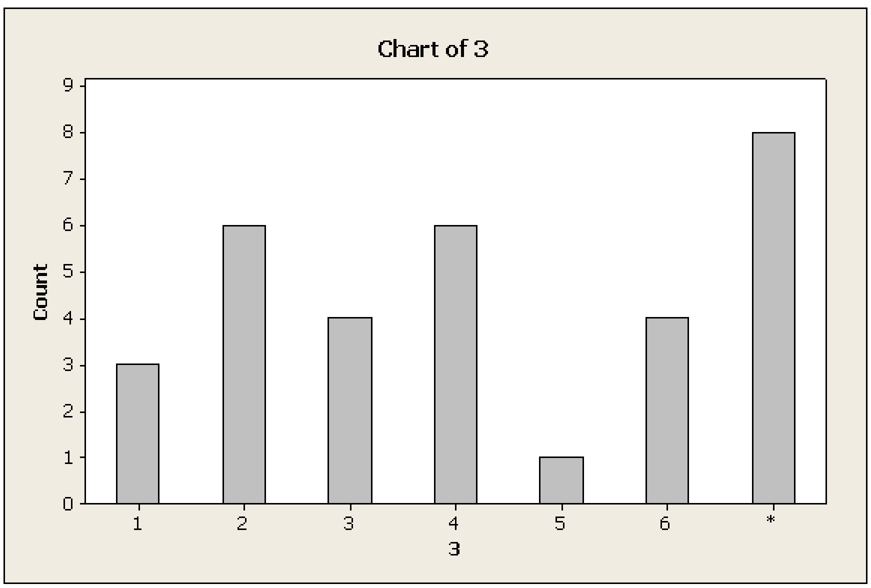


Figure 4.16: Summary of Second Life Question 3

In terms of level of realism, the subjects were also mixed in their responses. As shown in Figure 4.17, most of the responses fall under the two most neutral categories ‘Agree’ and

'Disagree.' Therefore it can be concluded that the perceived level of realism was not very high for most of the subjects.

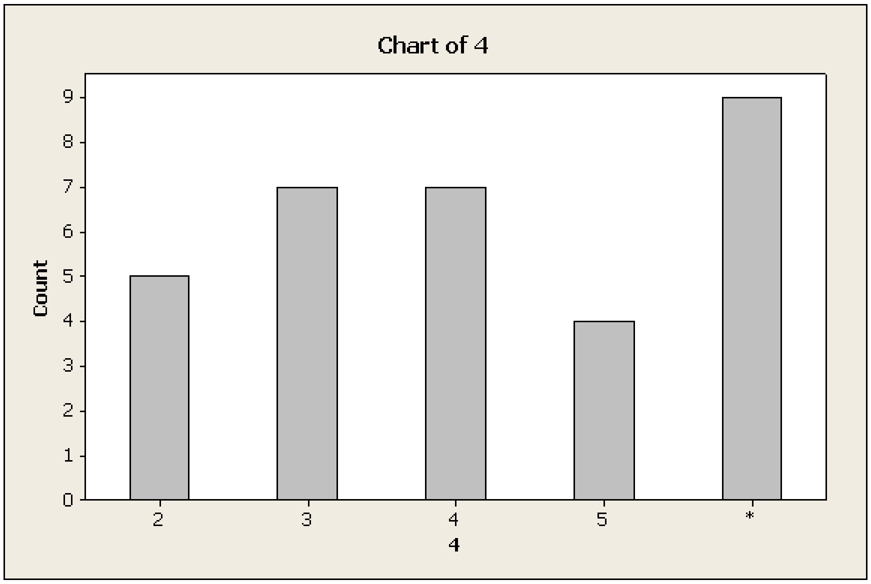


Figure 4.17: Summary of Second Life Question 4

In terms of the sound effects, the reviews were also mixed. This is shown in Figure 4.18. It is to no surprise that the realism of the sound effects would be perceived similarly as the realism of the entire training as a whole.

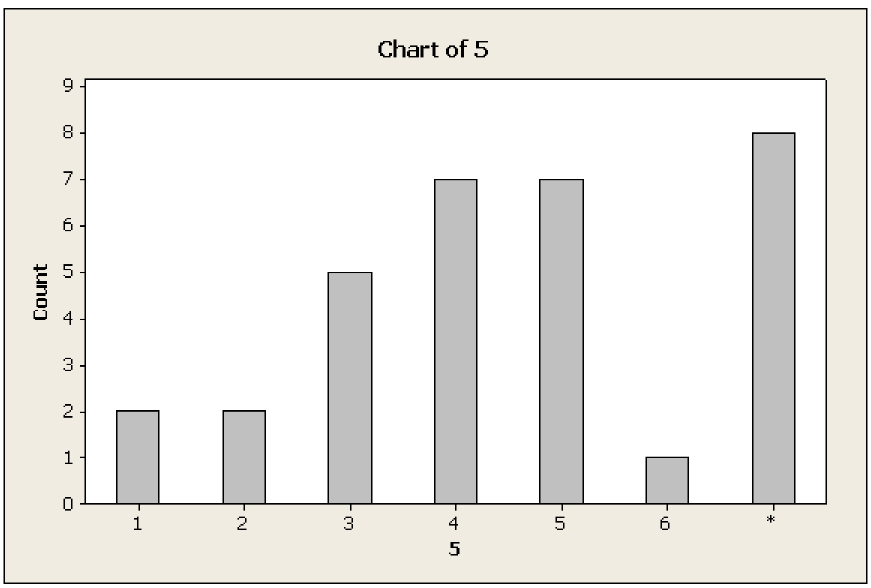


Figure 4.18: Summary of Second Life Question 5

The results for the final question are shown in Figure 4.19.

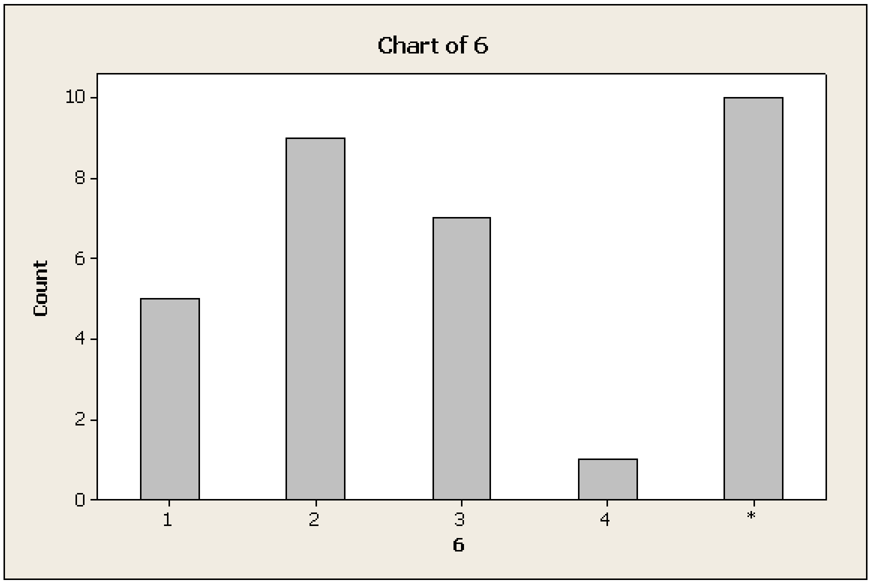


Figure 4.19: Summary of Second Life Question 6

The results indicate that the subjects disagreed with the assertion that the Second Life training was not engaging. Overall, the surveys indicate generally positive perceptions of the Second Life training although some questions tended to be answered rather neutrally, especially when it came to the realism of the training. This indicates some improvements can be made to the program which could improve the effectiveness of the Second Life training. The next section contains the results of the final survey taken during the second day of training.

4.3.3 Post Training Student Survey

The final survey administered on the second day of training is the Post Training Student Survey. This survey assesses the perceived quality of the study as a whole. In total there were 9 questions in the survey, but one question was repeated. Therefore, the responses to question 4 have been removed. The questions were answered using a 6-point Likert scale ranging from a '1' meaning 'Strongly Disagree' to '6' meaning 'Strongly Agree.' The questions of the survey are as follows:

1. The training met my expectations.
2. I will be able to apply the knowledge learned.

3. The content was organized and easy to follow.

5. The materials distributed were pertinent and useful.

6. The trainer was knowledgeable.

7. The quality of instruction was good.

8. The trainer met the training objectives.

9. Class participation and interaction were encouraged.

The results of the surveys are shown in Figures 4.20 through 4.27. The results indicate that the subjects had a generally positive opinion of the training as all the surveys have as their majority 4's and 5's for responses. Figure 4.20 through 4.22 display the results for Questions 1 through 3 respectively. The results indicate that the subjects felt that there expectations of the training were met. They also showed confidence in their ability to apply what they learned to their final day of the experiment. Figure 4.22 indicates that the subjects felt the information was organized and easy to follow.

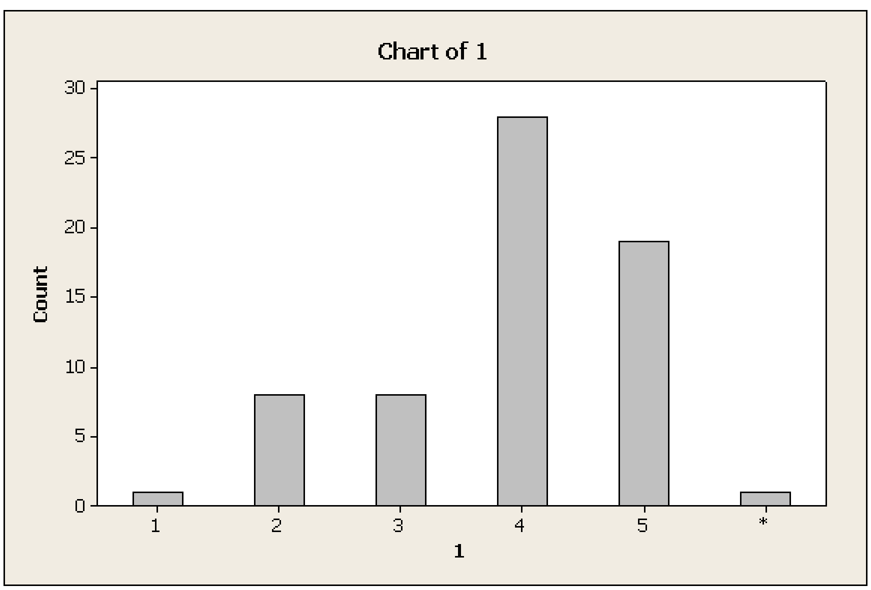


Figure 4.20: Summary of Post Training Student Survey Question 1

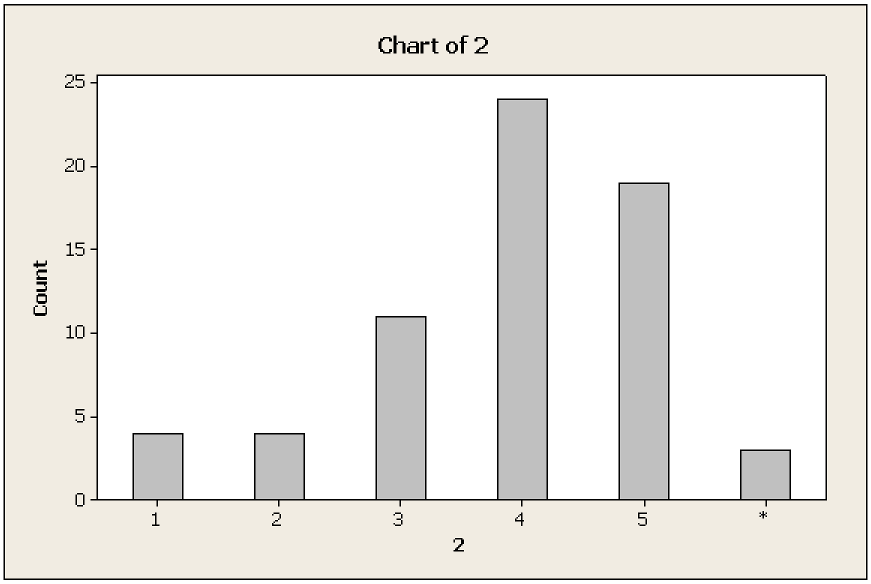


Figure 4.21: Summary of Post Training Student Survey Question 2

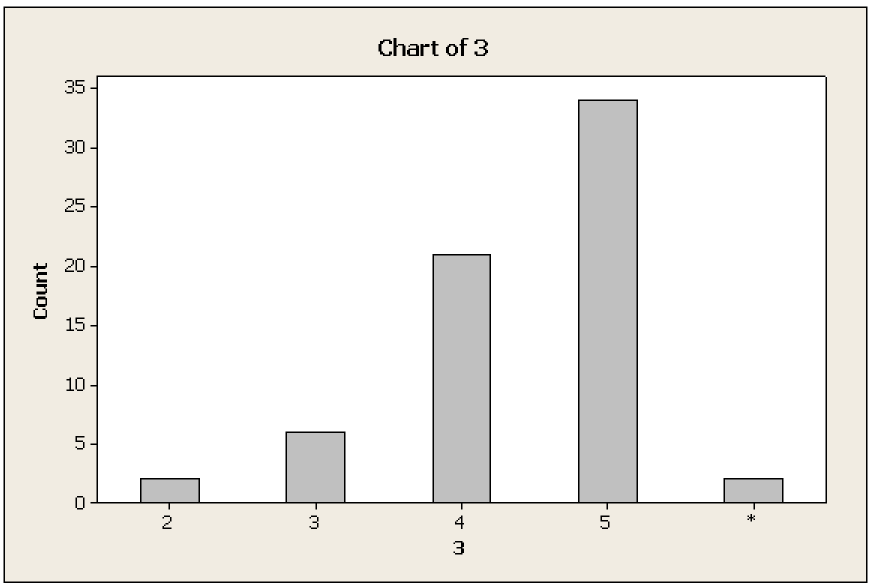


Figure 4.22: Summary of Post Training Student Survey Question 3

As for Figures 4.23 through 25, they indicate that the subjects felt the information provided to them was useful and pertinent to what they were studying. They had mostly high reviews for the instructor proctoring their second day of training and they were generally pleased with the quality of the instruction.

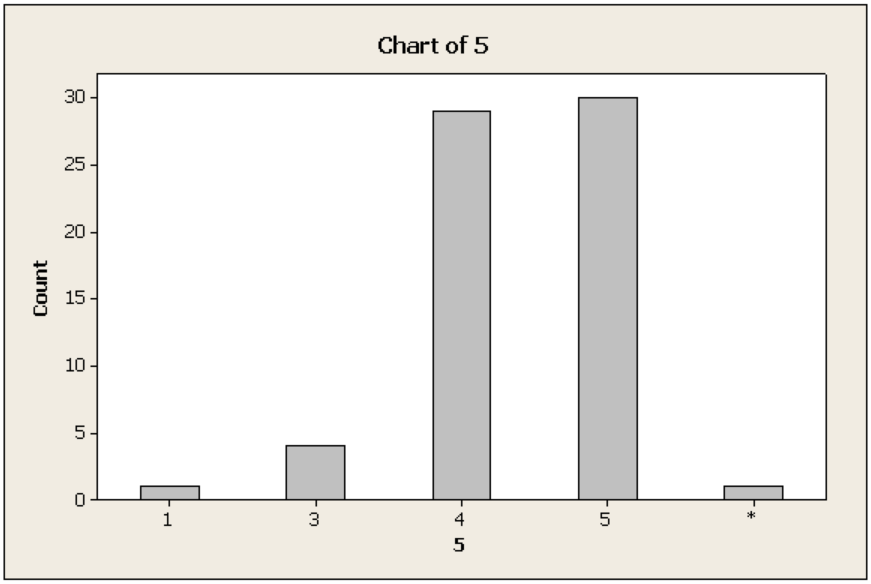


Figure 4.23: Summary of Post Training Student Survey Question 5

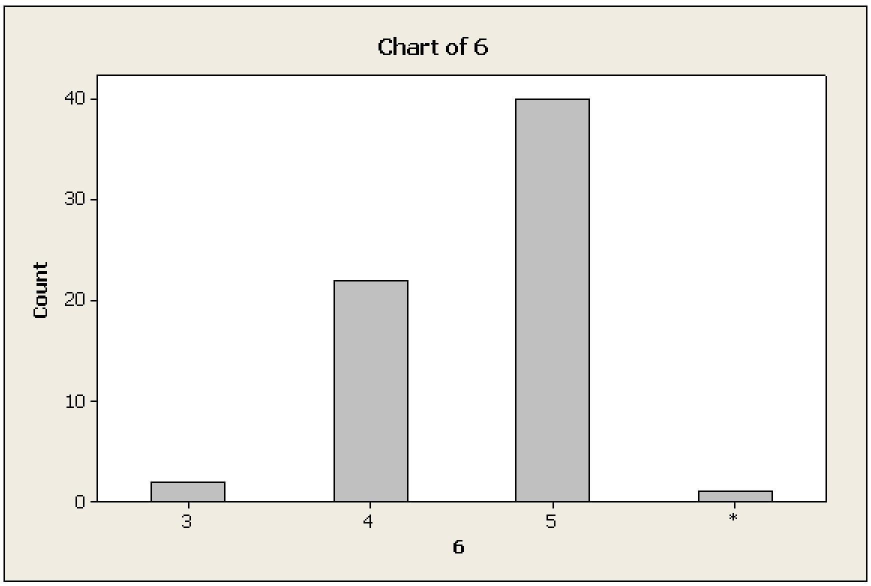


Figure 4.24: Summary of Post Training Student Survey Question 6

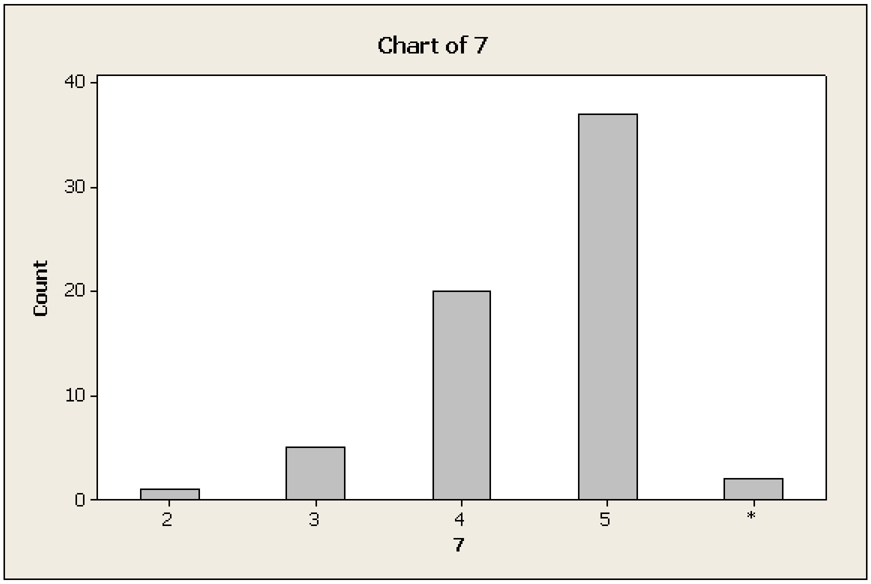


Figure 4.25: Summary of Post Training Student Survey Question 7

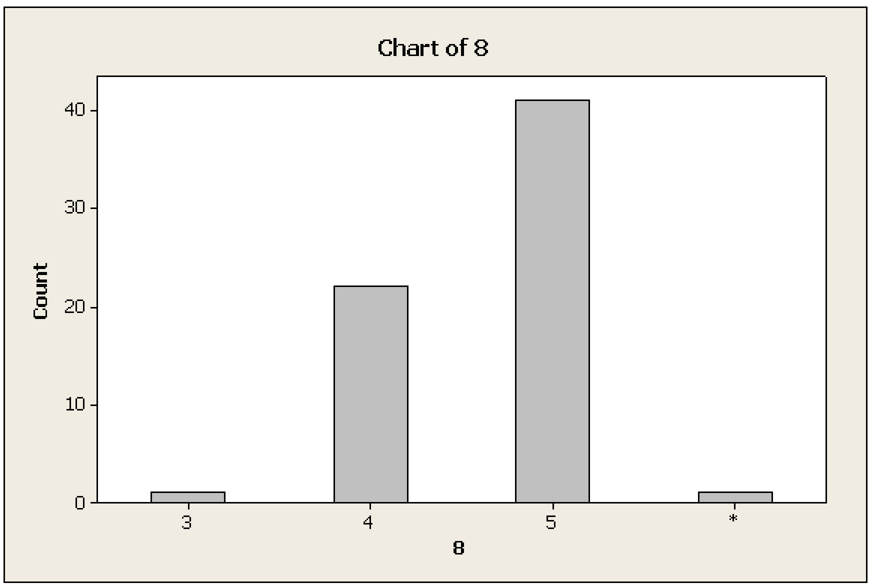


Figure 4.26: Summary of Post Training Student Survey Question 8

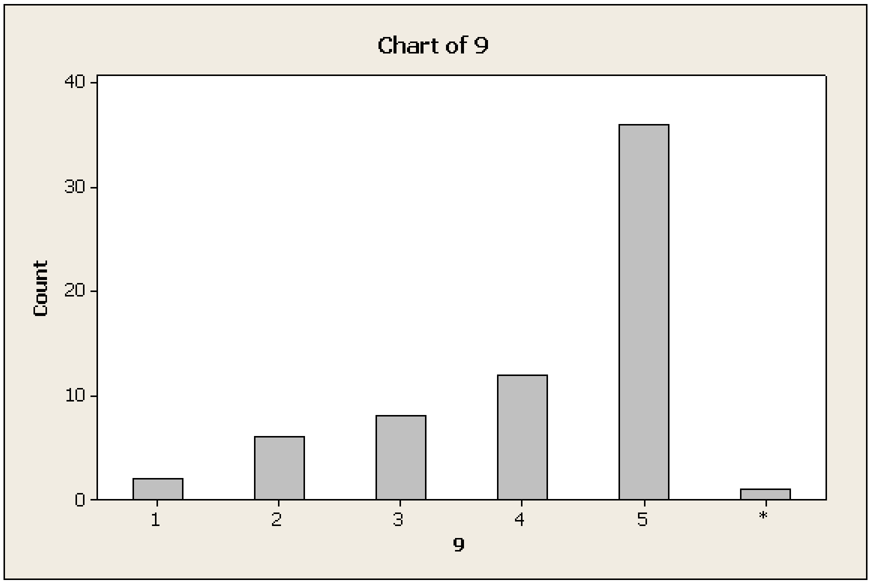


Figure 4.27: Summary of Post Training Student Survey Question 9

The results for the final two questions are shown in Figure 4.26 and 4.27 respectively. Figure 4.26 shows that the subjects felt the instructor adhered to the learning objectives provided during the first day of training. The results shown on Figure 4.27 indicate that the subjects felt they were allowed to participate in the instruction. Since this was an individual study, it can be assumed that they interpreted this question as they felt they were allowed to ask questions and get feedback. The feedback provided though was only to help with problems understanding a word or a sentence and not with answering questions. The results of the three surveys indicate that the subjects had a generally positive reaction to their training. In the next section, the results of how they utilized their training are analyzed.

4.4 Day 3

On the final day of training, each subject follows the same procedure. Their first step is to take the State-Trait Anxiety Questionnaire. Following completion of this questionnaire, the subject is taken to a room to have the physiological sensors attached. After the physiological equipment is attached to the subject, the subject attempts the final scenario which consists of a victim with a mockup of an explosive device attached to their back. The subject's job is to defuse

the device within 15 minutes while performing the render safe procedures taught in the first day of training and reinforced during the second day. The purpose of this experiment is to determine whether the instruction type had an effect on the performance of the subjects when it came to defusing the explosive and displaying knowledge of the render safe procedures. However, before answering this question, there is interest in determining if the test taken at the conclusion of Day 1 is predictive of how the subjects perform during Day 3.

4.4.1 Final Scenario Scoring

The final scenario is graded in three ways. One way is while the subjects are performing their final scenario, a grader marks whether the steps of the render safe procedures are followed correctly. If a subject performs a step, they are given 10 points. In total, there are 19 render safe procedures which corresponds to a maximum score of 190 (the minimum score is 0). A summary of the scores is displayed in Figure 4.28.

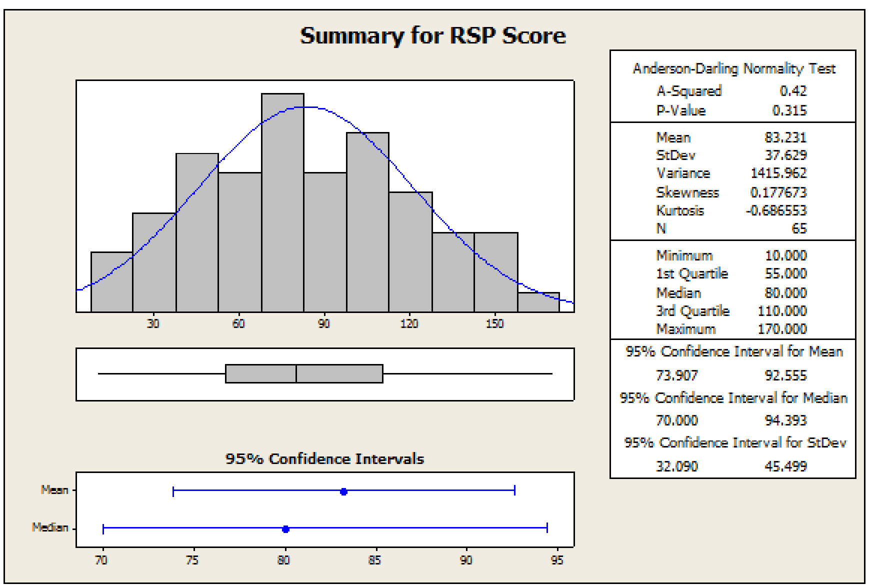


Figure 4.28: Summary for Render Safe Procedure Score

The summary shows that on average the subjects did not perform very well when it came to completing the render safe procedures. The average was only a score of 83.23 which is less than half of the total available points. The mean score is expected to fall with 95% confidence within

the values of 73.91 and 92.55. The upper level of this confidence interval is still less than half of the maximum score. This indicates that the training did not do a good job of teaching the render safe procedures to the subjects.

The other two scoring methods are linked together. The first simply assesses whether the subjects properly defused the bomb or not (‘Yes’: 1, ‘No’: 0). The second, called the Defusing Score, is a 5 point scale based on what components of the explosive the subject properly disconnected. The explosive used in the final scenario consists of 4 primary components.

- Radio transmitter (walkie-talkie)
- 1st battery
- 2nd battery
- Initiators (4 blasting caps)

When being scored, the subject starts with a 1 and gains a point for every component they properly disconnect. The key is to disconnect the components in the proper order which is the order the components are listed in (the batteries can be disconnected in any order). For example, if a battery is disconnected prior to the radio transmitter being disconnected the subject receives only a 1 and does not receive credit for any other actions performed. However, if the subject disconnects the radio transmitter but then pulls the blasting caps they still get the point for disconnecting the radio transmitter. They are not given any points for disconnecting a battery after they disconnect the initiators. A score of 4 or 5 indicates that the subject prevented an explosion. Scores from 1 to 3 indicate that the explosive detonated, and the subject failed the assessment. Two bar charts in Figures 4.29 and 4.30 show a graphical representation of the raw data for these two scoring methods.

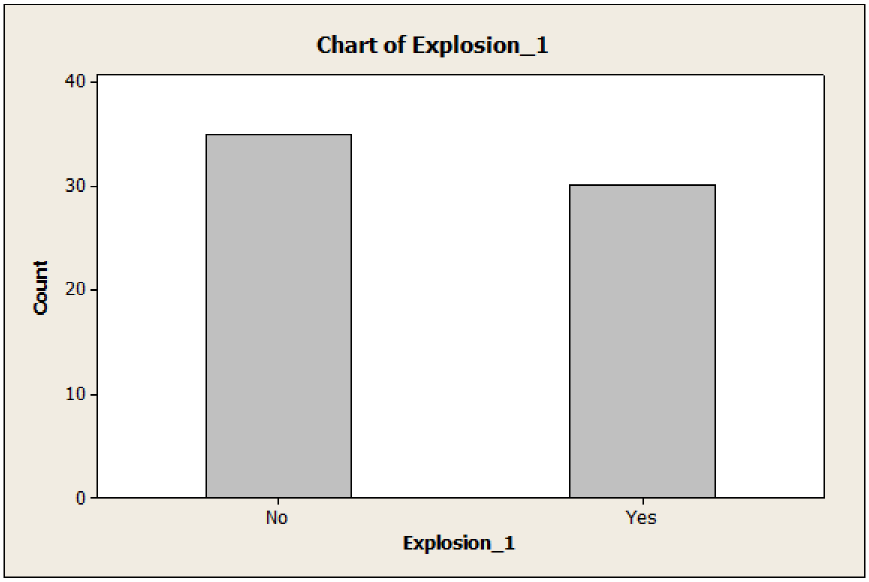


Figure 4.29: Bar Chart of Whether the Explosive Detonated

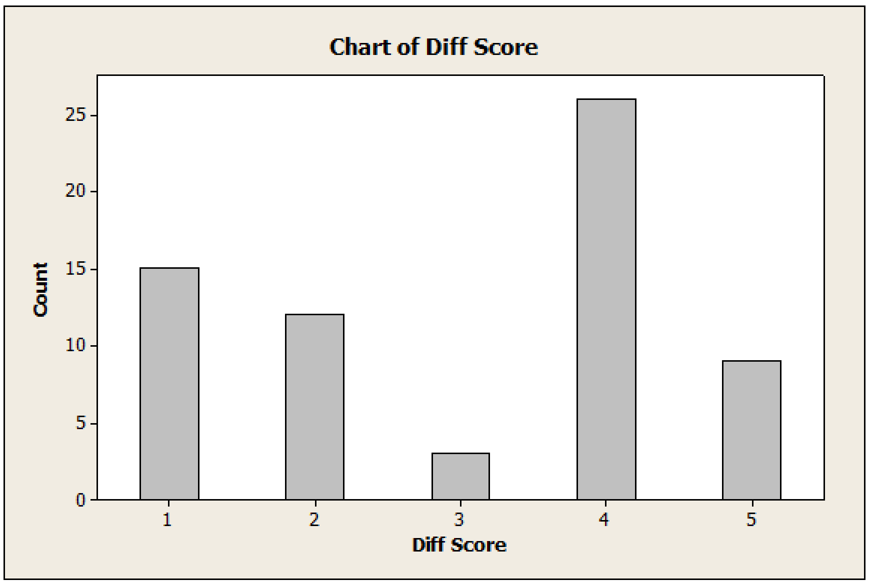


Figure 4.30: Bar Chart of Defusing Scores

In Figure 4.29, 'Yes' and 'No' refer to whether there was an explosion during the experiment. As can be seen the numbers are about equal with the 'No's' having a slight edge. Figure 4.30 indicates that of the subjects that passed, few actually completed the final step of pulling the blasting caps. Figure 4.30 also indicates that there were quite a few subjects who failed to properly perform any operations. The data in these charts only shows how the subjects

performed as a whole. The purpose is to determine if the instruction type the subjects received affected their performance on the final day. This is to be determined in the following sections.

4.4.2 Final Scenario vs. Render Safe Assessment

Before determining the effect of the instruction type on the subjects' final day of performance, a reference to Day 1 is necessary. In section 4.2.2, the results of the Render Safe Assessment, completed by each subject during Day 1, are summarized. There is interest in determining if success on this assessment is predictive of success during the final scenario. Three tests of hypothesis, one for each scoring technique, are used to determine if this is the case.

- Render Safe Procedure Score vs. Render Safe Assessment
- Explosion (Yes or No) vs. Render Safe Assessment
- Defusing Scores vs. Render Safe Assessment

4.4.2.1 Render Safe Procedure Score vs. Render Safe Assessment

In order to determine whether performance on the Render Safe Assessment completed during Day 1 is predictive of success in completing the render safe procedures tested for during the final day of the experiment, a linear regression model is fitted. Figure 4.31 displays a scatter plot of the data with the Render Safe Procedure Score plotted against the subjects' Render Safe Assessment score.

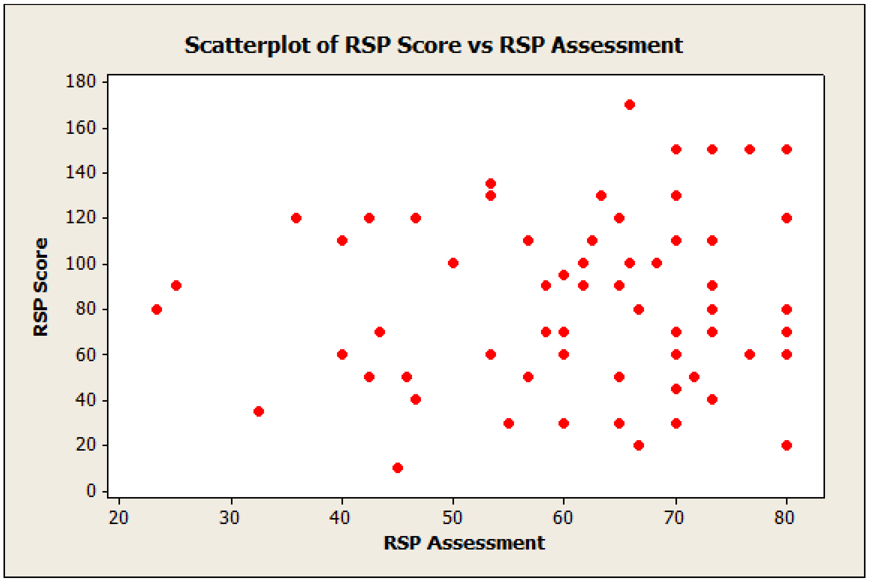


Figure 4.31: Scatter Plot of Render Safe Procedure Score vs. Render Safe Procedure Assessment

The scatter plot indicates that there is not a linear relationship between the two scores. In order to verify, the linear regression model is displayed below:

Regression Analysis: RSP Score versus RSP Assessment

```
The regression equation is
RSP Score = 66.9 + 0.266 RSP Assessment


Predictor          Coef  SE Coef     T      P
Constant          66.86    21.26  3.14  0.003
RSP Assessment   0.2662   0.3371  0.79  0.433


S = 37.7405   R-Sq = 1.0%   R-Sq(adj) = 0.0%
```

The regression analysis verifies that the Render Safe Assessment is not predictive of performance in regards to displaying knowledge of render safe procedures during the final day of training as the p-value is well above 0.05 for the predictor ‘RSP Assessment’.

4.4.2.2 Explosion (Yes or No) vs. Render Safe Assessment

In order to test whether performance on the Render Safe Assessment is predictive of the subject properly defusing the bomb a different type of regression is necessary. This is due to the fact that the data for the response variable ‘Explosion’ is binary which causes the assumptions of linear regression to fail. The model used in this case is called Binary Logistic Regression which

is not limited by the assumption of normality and independence of the residuals. Instead, the only assumptions are that the dependent variable is binary and that the independent variable is what is called “linear in the logit.” Montgomery et al. (2012) include a discussion on logistic regression on pages 421-430 in their work *Introduction to Linear Regression Analysis, 5th Edition*.

The binary logistic regression method fits the data to the function

$$\hat{y} = \frac{1}{1 + e^{-\boldsymbol{x}\hat{\boldsymbol{\beta}}}}$$

where $\hat{\boldsymbol{\beta}}$ is the column vector of estimated coefficients for the linear part of the equation and $\boldsymbol{x}$ is the row vector of the predictor variables. In order to test the linearity in the logit assumption, the linear portion of the function (the part contained in the exponent) is plotted against the independent variable. If a linear relationship exists than the assumption is validated. Note that this only applies to continuous independent variables. Discrete independent variables are not confined by this assumption. The results of the binary logistic regression model are shown below:

```
Link Function: Logit


Response Information

Variable     Value  Count
Explosion_1  Yes       30  (Event)
             No        35
             Total     65


Logistic Regression Table

                                                         Odds     95% CI
Predictor             Coef    SE Coef      Z      P  Ratio  Lower  Upper
Constant         -0.344563    1.13293  -0.30  0.761
RSP Assessment   0.0030943  0.0179533   0.17  0.863   1.00   0.97   1.04


Log-Likelihood = -44.847
Test that all slopes are zero: G = 0.030, DF = 1, P-Value = 0.863
```

The results show that there is not a relationship between whether the explosive detonated and the results of the Render Safe Assessment. A similar test is used to determine whether the subjects' Render Safe Assessment score is predictive of the score the subject receives from disconnecting particular components of the explosive device.

4.4.2.3 Defusing Score vs. Render Safe Assessment

The primary difference between the model used for this test and the test in the previous model is that the Defusing Score is not binary. There are five possible scores a subject can receive. Since a higher score is preferred over a lower score, the response variable is considered to be ordinal. Therefore, an ordinal logistic model is used. The results are shown below:

Binary Logistic Regression: Explosion_1 versus RSP Assessment

```
Link Function: Logit


Response Information

Variable    Value  Count
Diff Score  1         15
            2         12
            3          3
            4         26
            5          9
            Total     65


Logistic Regression Table

                                                        Odds     95% CI
Predictor            Coef    SE Coef      Z       P  Ratio  Lower  Upper
Const(1)         -1.75957    1.05170  -1.67  0.094
Const(2)        -0.891404    1.03437  -0.86  0.389
Const(3)        -0.703641    1.03217  -0.68  0.495
Const(4)          1.27814    1.04806   1.22  0.223
RSP Assessment  0.0090765  0.0162441   0.56  0.576   1.01   0.98   1.04


Log-Likelihood = -92.954
Test that all slopes are zero: G = 0.320, DF = 1, P-Value = 0.571
```

The results once again indicate that the Render Safe Assessment is not predictive of performance. In this case it is not predictive of performance on the Defusing Score. The results of all the tests run thus far indicate that the Render Safe Assessment did not have a significant relationship with the final assessment conducted on the final day of the study. This indicates that any effect on the results of the subjects' performance on the final day would be from the instruction type and potentially the gender of the victim in the final assessment.

4.4.3 Final Scores vs. Instruction Type and Victim's Gender

The primary goal of the experiment is to assess whether the instruction type had an effect on the final scores during the final day of the experiment. Since a subject could be assigned to either a female or a male victim, Victim's Gender is included as a potential predictor variable for the model. The experiment consisted of 65 male subjects which were separated into a group of 32 for Second Life and 33 for case studies. Each group was administered a particular instruction

Ordinal Logistic Regression: Diff Score versus RSP Assessment

type (either Second Life or the case studies). Of the 65 subjects, 33 were assigned to a female victim while 32 were assigned to a male victim. The number of male and female victims for the two instruction types was approximately equal.

4.4.3.1 Render Safe Procedures Score vs. Instruction Type and Victim's Gender

The first of the scoring types is again the Render Safe Procedures Score. A matrix scatter plot in Figure 4.32 displays the relationship between the two predictor variables (Instruction Type and Victim's Gender) and the Render Safe Procedures Score.

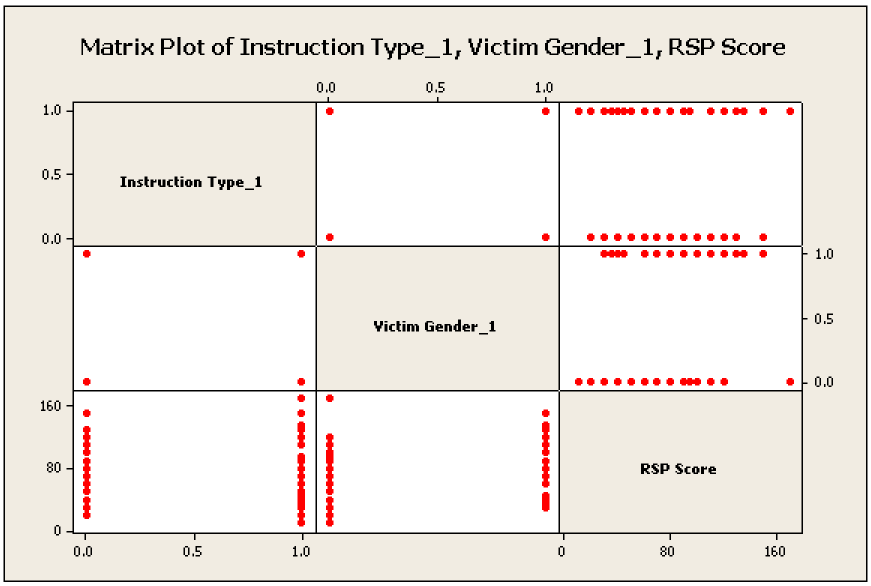


Figure 4.32: Matrix Plot of Render Safe Procedure Score vs. Predictor Variables

As far as the Instruction Type is concerned, the means appear to be located at around the 80 for both instruction types (0: case studies, 1: Second Life). The only difference is in the dispersion of scores. For victim gender, the mean appears slightly higher for male subjects (1) than for female subjects (0). A linear regression model is used to assess if any of the predictor variables significantly affect the Render Safe Procedures Score.

```
The regression equation is
RSP Score = 67.4 + 5.34 Instruction Type + 26.8 Victim Gender


Predictor               Coef  SE Coef     T      P
Constant              67.398    7.697  8.76  0.000
Instruction Type_1     5.345    8.848  0.60  0.548
Victim Gender_1       26.815    8.848  3.03  0.004


S = 35.6261   R-Sq = 13.2%   R-Sq(adj) = 10.4%
```

The results indicate that the only significant factor is the Victim's Gender. As such, the Instruction Type can be eliminated from the model to produce the model below:

Regression Analysis: RSP Score versus Victim Gender

```
The regression equation is
RSP Score = 70.2 + 26.6 Victim Gender


Predictor        Coef  SE Coef      T      P
Constant       70.152    6.170  11.37  0.000
Victim Gender  26.567    8.794   3.02  0.004


S = 35.4461   R-Sq = 12.7%   R-Sq(adj) = 11.3%
```

The low R^2 value implies that there are other variables accounting for the variance in the scores as the Victim's Gender only accounts for 12.7%. However, the model still indicates that the Victim's Gender had an effect on the Render Safe Procedures Score. Additionally, the coefficient is positive indicating that the subject did better at performing the Render Safe Procedures with a male victim than a female victim.

4.4.3.2 Model Adequacy

With a model established, it is important to test the assumptions of the regression model. The assumptions of linear regression are that the residuals are normally and independently distributed with a mean of zero and constant variance. The normality and zero mean assumption can be determined by using a normal probability plot of the residuals as shown in Figure 4.33. It should be noted that all residuals used in the adequacy check are standardized residuals

Regression Analysis: RSP Score versus Instruction Type, Victim Gender

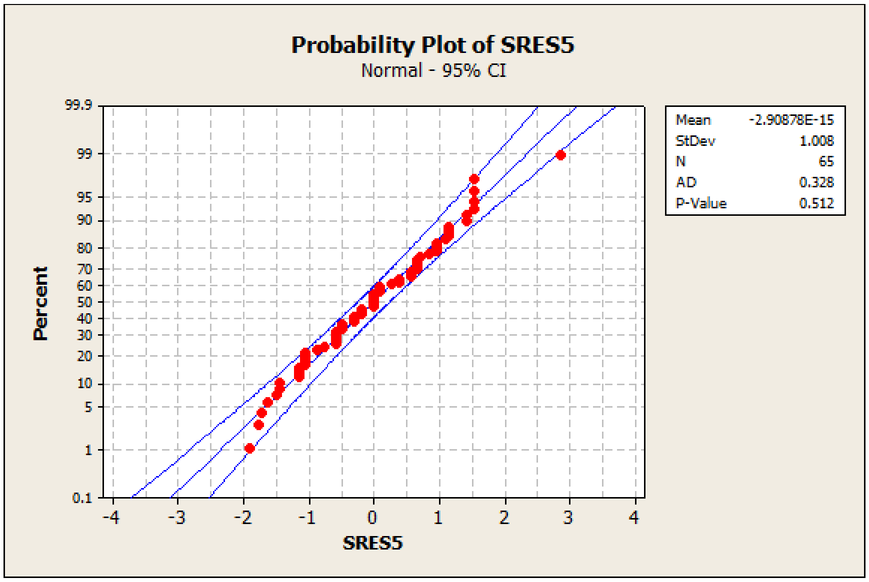


Figure 4.33: Normal Probability Plot of Residuals

Figure 4.33 indicates that the normality assumption is valid at that 95% confidence level. As can be seen all of the data points fit within the confidence bands and the p-value is well over 0.05 leading to the conclusion that the hypothesis that the data fits the normal distribution fails to be rejected. Figure 4.33 also shows that mean is very close to zero which gives validity to the zero mean assumption. As for the constant variance assumption, two types of plots are used. One of the plots shown in Figure 4.34 is a plot of the residuals vs. the fitted values of the model. The other plot is shown in Figure 4.35 and displays the relationship between the residuals and the predictor variable, Victim's Gender.

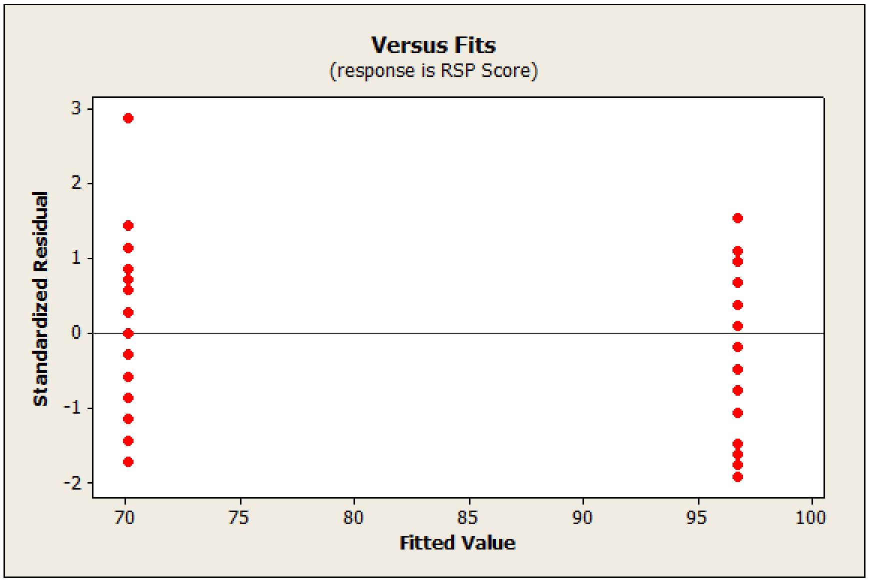


Figure 4.34: Residuals vs. Fitted Values

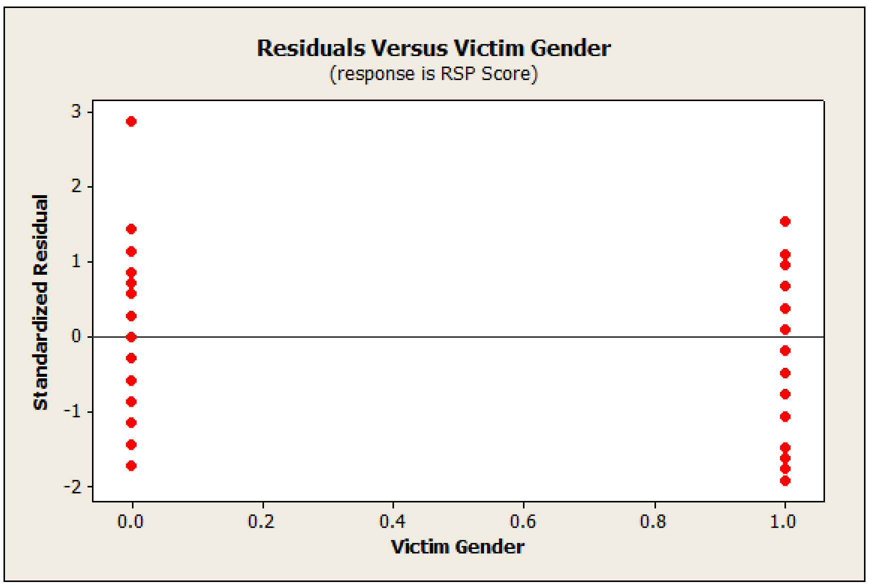


Figure 4.35: Residuals vs. Victim's Gender

The two plots do not show any indication of a pattern between the residuals and neither the fitted values nor the Victim's Gender. The final diagnostic checks to see if the independence assumption is adequate. This check consists of checking for patterns in the plot of the residuals vs. the time sequence the data was collected. In this experiment, while subjects were assigned numbers they were not necessarily tested in order of those numbers. Instead the testing schedule

was dictated by their convenience. Figure 4.36 shows a plot of the residuals vs. the order the data was recorded.

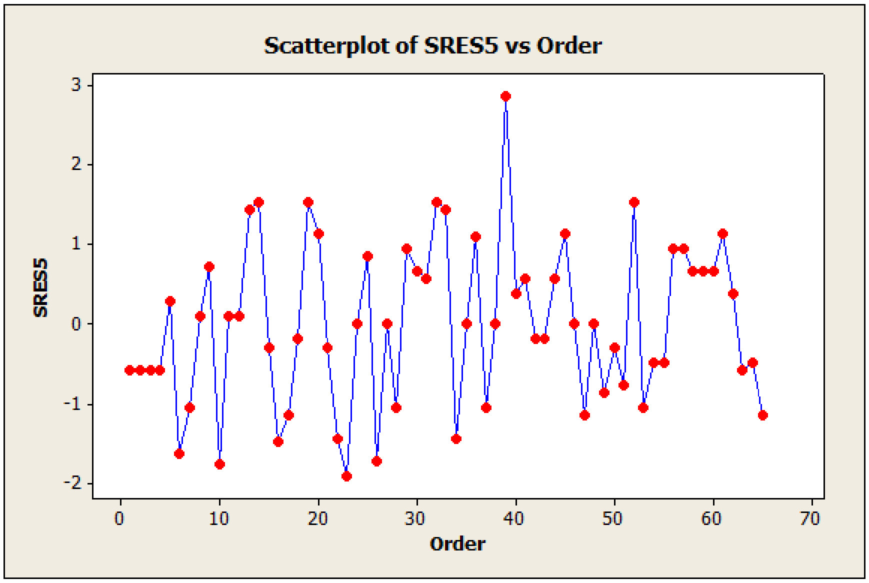


Figure 4.36: Residuals vs. Order

The graph in Figure 4.36 does not appear to have any pattern. The data points appear to be random and they do not simply oscillate about the line $y = 0$. Therefore, there does not appear to be a problem with the independence assumption. Thus, the assumptions appear to be validated and the conclusions drawn from the linear model can be properly inferred. In the next two models, the response variables are no longer continuous. Therefore, logistic regression is used once again.

4.4.3.3 Explosion (Yes or No) vs. Instruction Type and Victim's Gender

In section 4.4.2, binary logistic regression was introduced as a method for modeling data with binary response variables. This method is employed here to determine if the two predictor variables have a significant effect on whether the subject defused the bomb. A bar chart displaying how subjects in particular groups performed is shown in Figure 4.37.

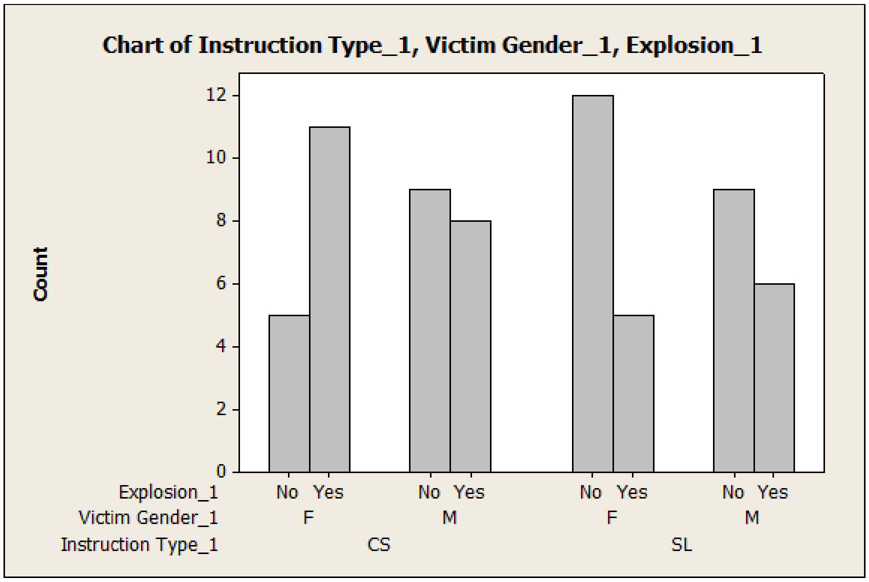


Figure 4.37: Bar Chart of Explosions by Victim's Gender and Instruction Type

The chart shows that subjects taking the Second Life instruction type tended not to have explosions more so than those taking the case studies. As for Victim's Gender, subjects taking the case studies with a male victim tended to outperform those that took case studies and had a female victim. However, the trend is reversed for the subjects using Second Life. Overall the subjects with male victims outperformed the subjects with female victims by only one successful defusing. Also of interest is: if the length of time the subject took to complete the final assessment had an effect of whether they successfully defused the explosive.

In order to verify the inferences drawn from simply looking at the graphs, a binary logistic regression analysis is performed.

Link Function: Logit

Response Information

Variable	Value	Count	
Explosion	Yes	30	(Event)
	No	35	
	Total	65	

Logistic Regression Table

Predictor	Coef	SE Coef	Z	P	Odds Ratio	95% CI Lower	95% CI Upper
Constant	0.434564	0.444192	0.98	0.328			
Instruction Type							
SL	-0.967136	0.514820	-1.88	0.060	0.38	0.14	1.04
Victim Gender							
M	-0.248477	0.514166	-0.48	0.629	0.78	0.28	2.14

Log-Likelihood = -42.968
Test that all slopes are zero: G = 3.788, DF = 2, P-Value = 0.150

The results indicate that none of the predictor variables are significant at the 95% significance level. However, the Instruction Type is close to being considered significant as the p-value is 0.06. If the significance level is set at 90%, the Instruction Type is considered significant at the 90% significance level. The results of the test indicate that the subjects training in Second Life performed better than those taking the case studies. Of note is the odds ratio which represents how likely the “Event” (an explosion) occurs for one option of a predictor variable relative to the other. In the case of the Instruction Type, the odds of a subject taking Second Life failing to defuse the bomb is 0.38 times that of the odds of a subject taking the case studies failing to defuse the bomb. This shows that the odds of an explosion are less for the Second Life instruction type than for the case studies instruction type. However, the upper part of the confidence interval for the odds ratio is over 1 which indicates that there is a chance that the odds of an explosion for subjects taking Second Life can be higher than the odds for those taking the case studies.

Binary Logistic Regression: Explosion versus Instruction , Victim Gender

This model analyzes how well the subjects performed from on a pass/fail basis. But just as in section 4.4.2, an ordinal logistic model is appropriate for determining how significantly Instruction Type and Victim's Gender affect the subjects' performance in terms of their Defusing Score.

4.4.3.4 Defusing Score vs. Instruction Type and Victim's Gender

In this model, the effect the three predictor variables have on performance in regards to the subjects' Defusing score is analyzed. Figure 4.38 displays a bar graph with a count of subjects receiving a particular score. The bar graph is separated by the Instruction Type and Victim's Gender.

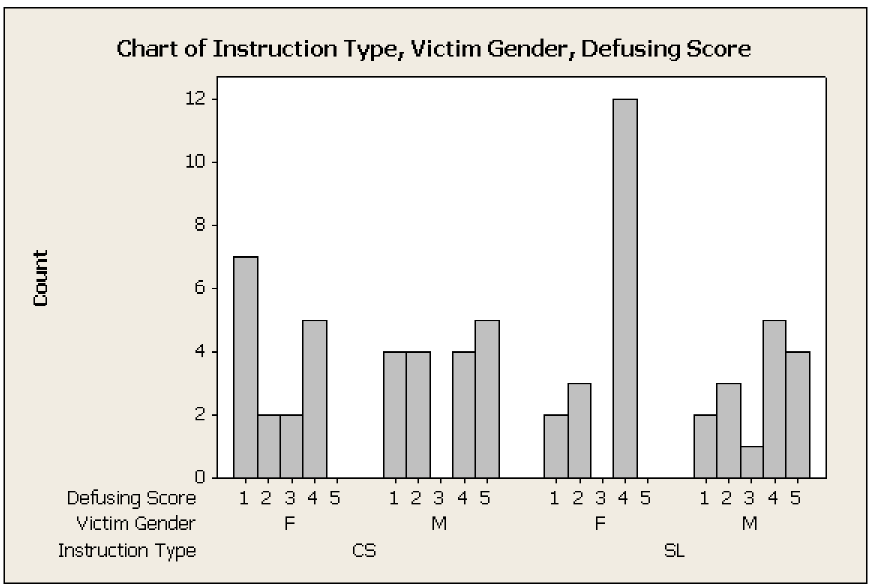


Figure 4.38: Bar Chart of Defusing Scores by Instruction Type and Victim's Gender

Figure 4.38 indicates that the most instances of the subject failing to defuse any component of the explosive correctly fall within the case where a subject received the case studies instruction type and had a female victim. The case with the highest amount of successes at defusing is the one where a subject receives the Second Life training and is assigned a female victim. However, all the maximum scores were attained when the victim was male. Consistent with the previous section, the subjects receiving Second Life training had a higher amount of 4's and 5's which

constitute successes. Conversely, the higher amount of 1's, 2's, and 3's occur when the subject receives the case studies. Ordinal Logistic Regression is used to analyze this data just as it is used to analyze whether the Render Safe Assessment score is predictive of success in the final part of the experiment. The results of the analysis are shown below:

Ordinal Logistic Regression: Defusing Sco versus Instruction , Victim Gender

```
Link Function: Logit


Response Information

Variable        Value  Count
Defusing Score  1         15
                2         12
                3          3
                4         26
                5          9
                Total     65


Logistic Regression Table

                                                      Odds     95% CI
Predictor              Coef   SE Coef       Z       P  Ratio  Lower  Upper
Const(1)          -0.507047  0.416843  -1.22  0.224
Const(2)           0.392586  0.410015   0.96  0.338
Const(3)           0.586142  0.413494   1.42  0.156
Const(4)            2.66984  0.537472   4.97  0.000
Instruction Type
 SL               -0.794209  0.461914  -1.72  0.086   0.45   0.18   1.12
Victim Gender
 M                -0.761026  0.461214  -1.65  0.099   0.47   0.19   1.15


Log-Likelihood = -90.400
Test that all slopes are zero: G = 5.429, DF = 2, P-Value = 0.066
```

Once again, the test shows there are no significant predictor variables at the 95% significance level. However, both variables are significant at the 90% significance level. Instruction Type has a p-value of 0.078 and an odds ratio of 0.44. This indicates that lower scores most likely occur with subjects receiving the case studies instruction type. However, the confidence interval encapsulates the value of 1 indicating that there is a chance that the chance of lower scores can be higher for subjects receiving Second Life. As for the Victim's Gender, the p-value is at the very edge of being considered significant at the 90% significance level. The odds ratio is 0.47

which indicates lower scores are more likely to occur with female victims. The next chapter provides some reasoning for these results and their implications. Before looking into those implications, the effect of the predictor variables on the time to complete the final scenario is analyzed in the next section. The final two sections contain the results of the physiological data and the final survey taken by the subjects respectively.

4.4.4 Time (min) vs. Instruction Type and Victim's Gender

In addition to the scoring metrics, it is of interest to determine if the length of time it takes for the subject to complete the experiment is affected by the instruction type or the victim's gender. A relationship between time and either of the two factors can provide insight as to whether one of the two predictors affects the subjects' performance during the final scenario. The time to complete the experiment is measured from the time the subject has entered the room with the victim until the time that the subject says they have completed defusing the explosive. The time is recorded (in minutes) by the victim who has a clock near them in order to record the time lapse. Figure 4.39 shows a matrix plot displaying the graphical relationship between time and the two predictors.

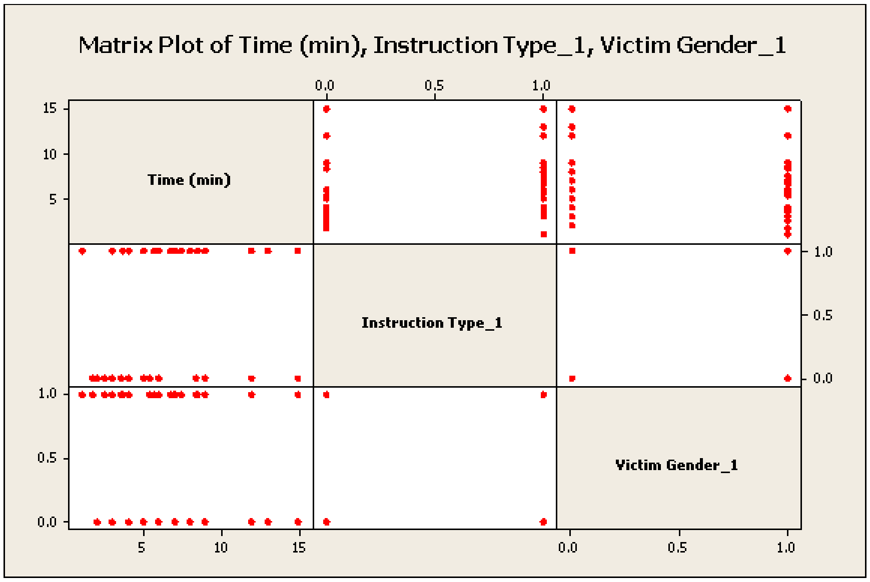


Figure 4.39: Matrix Plot of Time (min), Instruction Type, and Victim's Gender

There does not appear to be a relationship between Instruction Type and Time (min). However, there does appear to be a relationship Victim's Gender and Time (min). A linear regression model is used to determine if there is a relationship. The results are shown below:

Regression Analysis: Time (min) versus Instruction Type, Victim Gender_1

```
The regression equation is
Time (min) = 7.15 + 0.834 Instruction Type_1 - 1.56 Victim Gender_1


Predictor              Coef  SE Coef      T      P
Constant             7.1463   0.7553   9.46  0.000
Instruction Type_1   0.8336   0.8683   0.96  0.341
Victim Gender_1     -1.5605   0.8683  -1.80  0.077


S = 3.49615   R-Sq = 6.5%   R-Sq(adj) = 3.5%
```

The results indicate that there is no relationship between Time (min) and Instruction Type. However, the effect of Victim's Gender on Time (min) is significant at the 90% significance level. Since subjects with male victims are coded with a '1' and the coefficient of Victim's Gender is negative, the subjects with female victims took a significantly longer time to complete the final scenario than the subjects with male victims.

4.4.5 ECG Data

In Chapter 3, the arrangement for the ECG is explained. The purpose of recording this measurement is based on the assumption that a better-prepared subject would elicit lesser signs of anxiety when faced with the final scenario. In the case of this study, elevations in heart rate are being associated with higher levels of anxiety. In a study by Elwess and Vogt (2005), they found that students performing commonly stressful college activities such as oral presentations and written exams were found to have elevated heart rates. Therefore, elevated heart rate is used as an indicator of anxiety.

The data used to analyze the ECG is obtained by averaging the heart rate responses in beats-per-minute (BPM) during the ten minute baseline period and then averaging the heart rate

responses during the actual scenario. In this section, three tests are performed. The first test determines whether there is a difference in the baseline BPM for the two instruction types. A difference would indicate that subjects from one instruction type would be more anxious than the subjects from the other type. The next thing to be tested is whether there is a difference in the average BPM from the baseline to the actual scenario. Finally it is of interest to determine if the difference in BPM is affected by the two predictor variables: Instruction Type and Victim's Gender.

4.4.5.1 Baseline Average Heart Rate vs. Instruction Type

The first test is meant to determine whether there is a difference between the two instruction types in average heart rate prior to the start of the experiment. The results are shown below:

Regression Analysis: Baseline versus Instruction Type_1

```
The regression equation is
Baseline = 121 + 3.87 Instruction Type_1


Predictor              Coef  SE Coef      T      P
Constant            121.374    3.549  34.20  0.000
Instruction Type_1    3.873    5.058   0.77  0.447


S = 20.3886   R-Sq = 0.9%   R-Sq(adj) = 0.0%
```

The results indicate that there is no difference in the baseline heart rate between the subjects of each instruction type. Therefore, it can be concluded that neither instruction type reduced the subjects' anxiety prior to the start of the experiment.

4.4.5.2 Difference in Baseline Heart Rate and Scenario Heart Rate

In order to test if there was a change in average heart rate, a Paired t-test is used. The result of the Paired t-test is shown below:

```
Paired T for Avg Experiment - Baseline

                 N    Mean  StDev  SE Mean
Avg Experiment  65  118.71  12.74     1.58
Baseline        65  123.28  20.32     2.52
Difference      65   -4.57  16.22     2.01


95% upper bound for mean difference: -1.21
T-Test of mean difference = 0 (vs < 0): T-Value = -2.27  P-Value = 0.013
```

The p-value of the test is less than 0.05. Therefore, the conclusion is to reject the hypothesis that the difference between the average heart rate during the baseline and the average heart rate during the experiment is the same. Using a one-tailed test, the conclusion is that the average heart rate during the experiment was less than it was in the baseline.

4.4.5.3 Change in Average Heart Rate vs. Instruction Type and Victim's Gender

The final test determines if there was a difference in the change of average heart rate between the two different instruction types and the two victim genders. In order to determine if relationships exist between either of the predictor variables, a linear regression model is used. The result of the model is shown below:

Regression Analysis: Change versus Instruction Type_1, Victim Gender_1

```
The regression equation is
Change = - 2.48 - 2.88 Instruction Type_1 - 1.36 Victim Gender_1


Predictor             Coef  SE Coef      T      P
Constant            -2.479    3.544  -0.70  0.487
Instruction Type_1  -2.881    4.075  -0.71  0.482
Victim Gender_1     -1.361    4.075  -0.33  0.739


S = 16.4059   R-Sq = 0.9%   R-Sq(adj) = 0.0%
```

The model indicates that there is no significant relationship between the change in average heart rate and the two predictors. Therefore it can be concluded that the instruction type taken during the second day is not related to the change in heart rate during the final day. Likewise, the victim's gender does not have an effect on the subjects' change in heart rate. While there was not

Paired T-Test and CI: Avg Experiment, Baseline

a difference between the two predictor variables and the change in heart rate, there may be a difference in how the subjects perceived their level of stress during the experiment and the two instruction types. The next section provides an analysis of the final questionnaire.

4.4.6 Post Experiment Questions – Anxiety Questionnaire

Following the conclusion of the experiment, each subject receives one final questionnaire. This questionnaire is used to analyze how the subjects perceived the scenario from the final day of the experiment. The questions asked are listed below:

1. I felt extremely anxious when I was defusing the bomb.
2. The bomb-defusing situation seemed very artificial to me.
3. My attention was extremely focused when defusing the bomb.
4. I felt anxious only because I was a subject in an experiment.
5. I thought the explosive device would actually explode.
6. The bomb defusing training helped me very much to complete the task.
7. I wasn’t at all nervous when working on the explosive device.
8. The electrodes connected to me caused me to feel very nervous.
9. After a few minutes, I stopped paying attention to the electrodes.
10. I felt the scenario training helped me to be very effective in defusing the bomb.

Subjects responded to the questions using a 6-point Likert scale with a ‘1’ meaning ‘Very Strongly Disagree’ and a ‘6’ meaning ‘Very Strongly Agree.’ The results of the survey are shown in Figures 4.40 through 4.49.

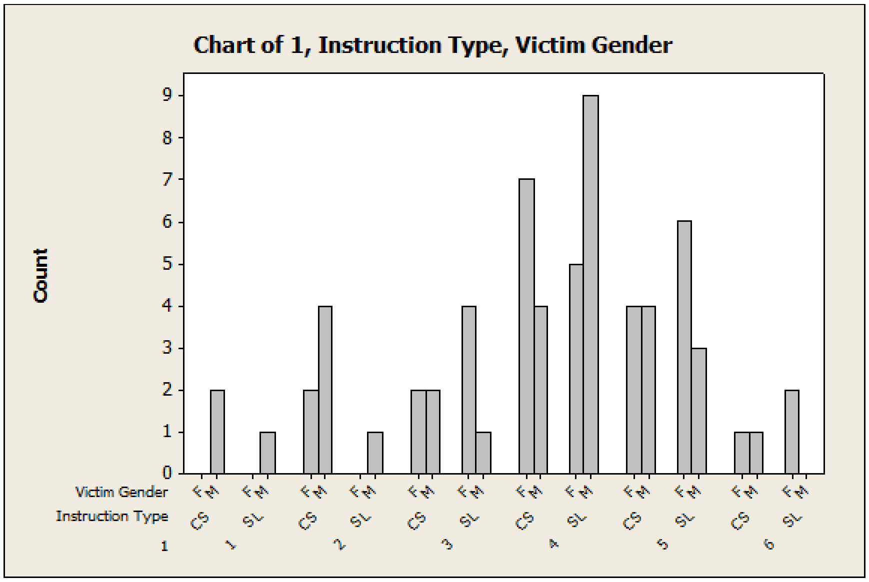


Figure 4.40: Results to Anxiety Questionnaire Question 1

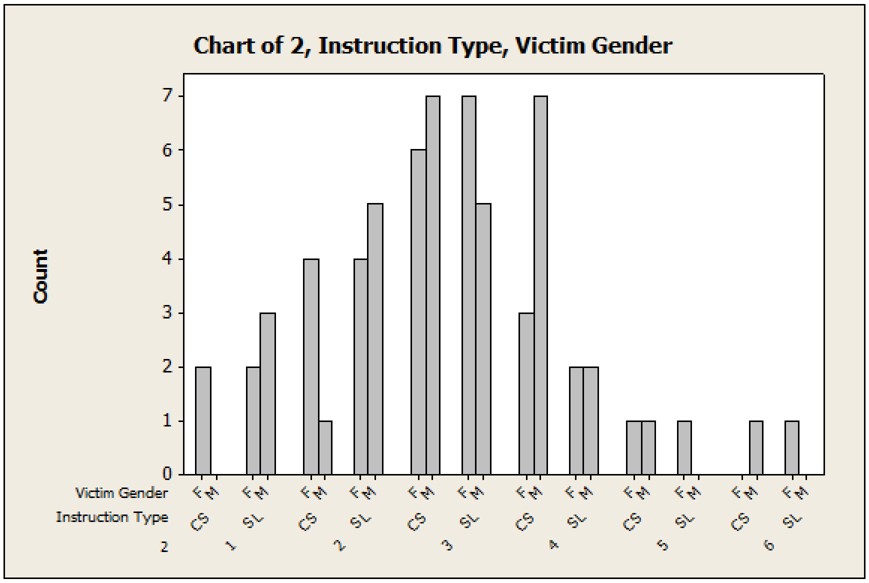


Figure 4.41: Results to Anxiety Questionnaire Question 2

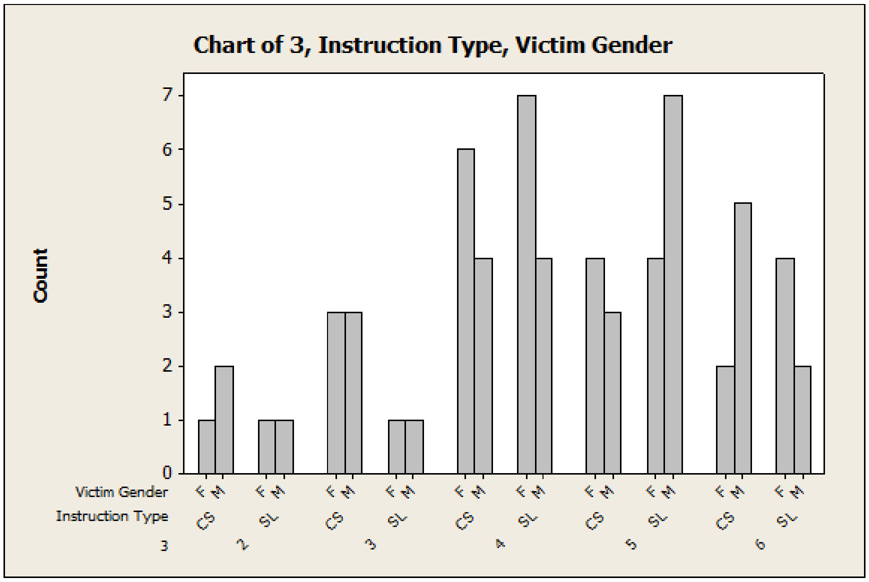


Figure 4.42: Results to Anxiety Questionnaire Question 3

The results of Questions 1 to 3 are displayed in Figures 4.40 to 4.42 respectively. The results indicate that many subjects felt anxious when going through the final scenario. Most subjects noted that the final scenario did not seem artificial to them. Additionally, the subjects indicated that they were focused during the scenario despite the victim’s constant pleads for help and questioning of the subjects’ abilities.

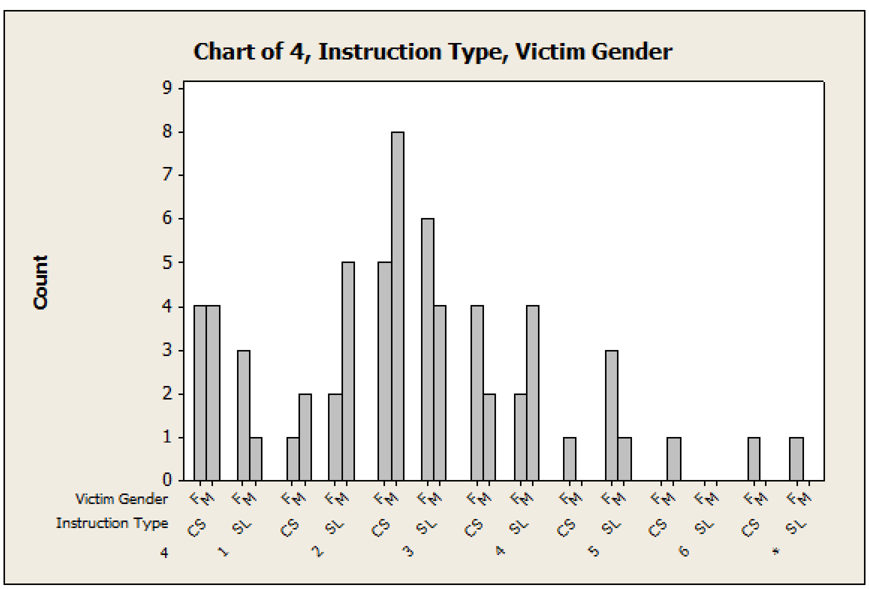


Figure 4.43: Results to Anxiety Questionnaire Question 4

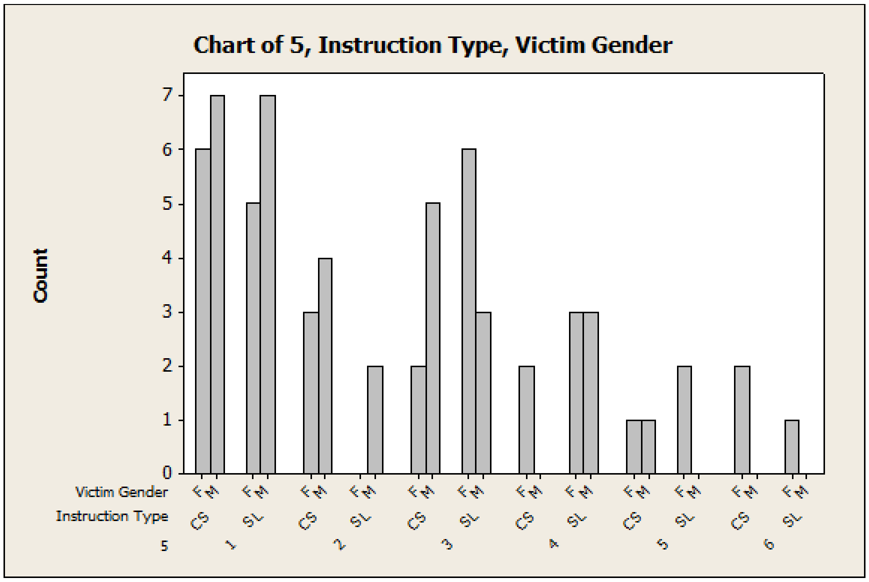


Figure 4.44: Results to Anxiety Questionnaire Question 5

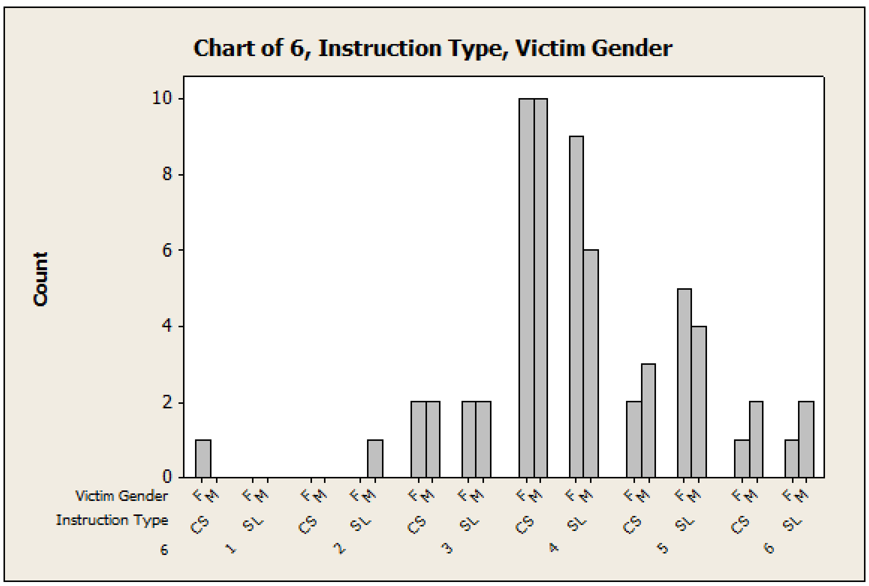


Figure 4.45: Results to Anxiety Questionnaire Question 6

Figure 4.43 indicates that the subjects felt that their anxiety was not just a result of being part of an experiment. However, as Figure 4.44 shows, a majority of the subjects did not feel that the mock explosive would actually detonate. Figure 4.45 shows that a majority of the subjects felt that their training sufficiently prepared them for the scenario.

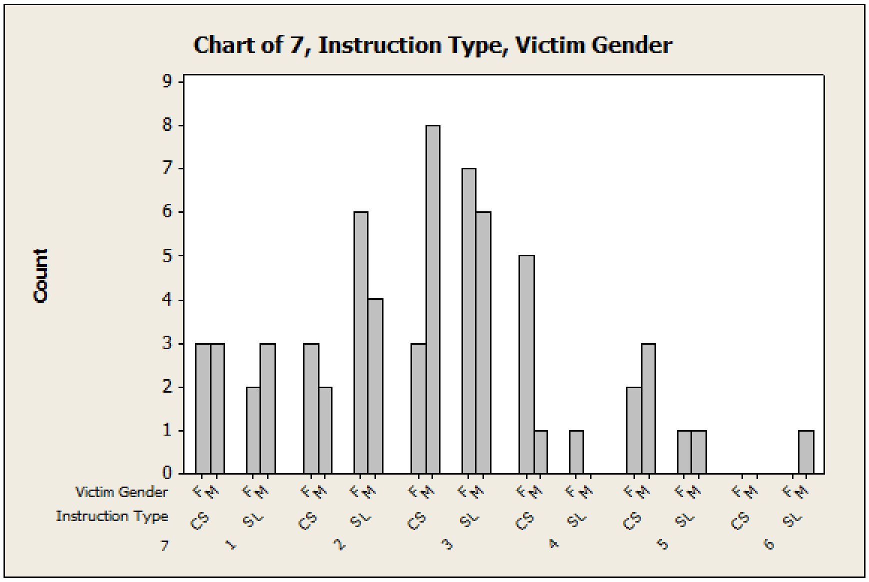


Figure 4.46: Results to Anxiety Questionnaire Question 7

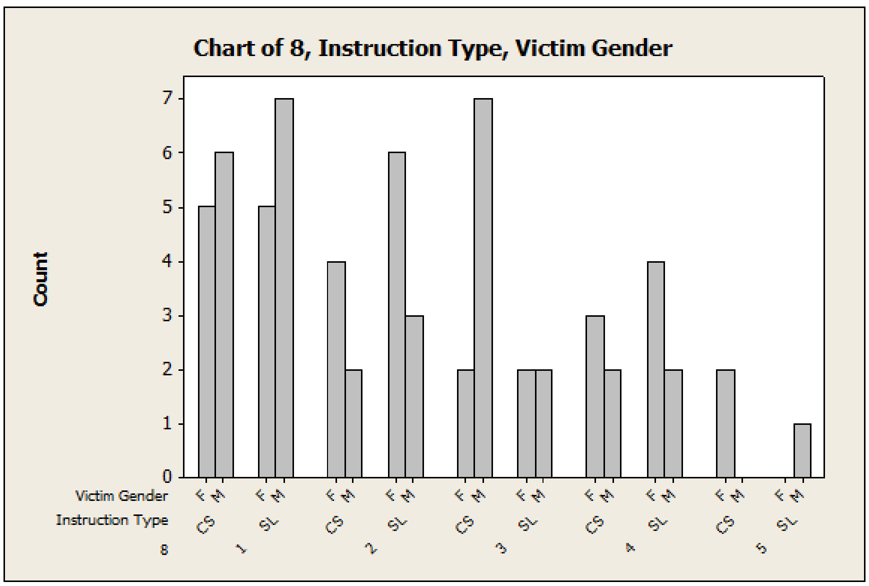


Figure 4.47: Results to Anxiety Questionnaire Question 8

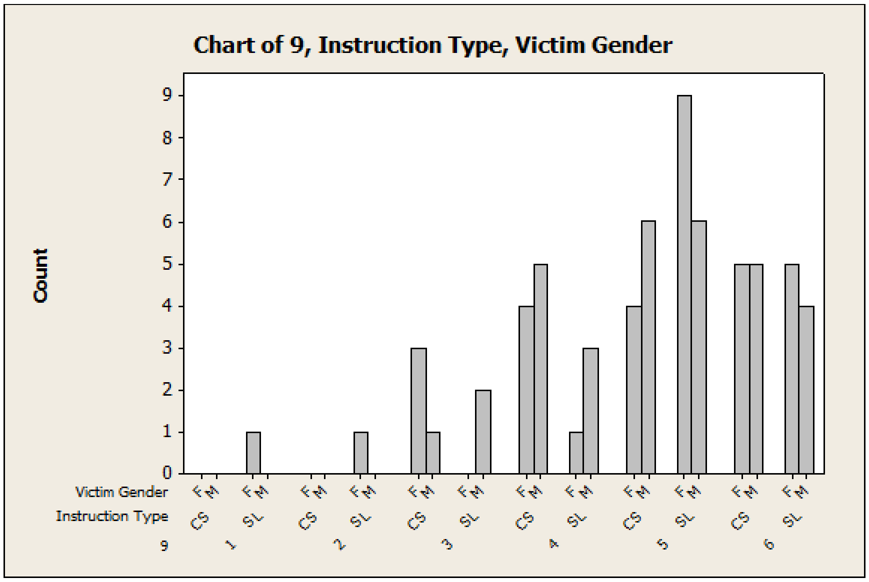


Figure 4.48: Results to Anxiety Questionnaire Question 9

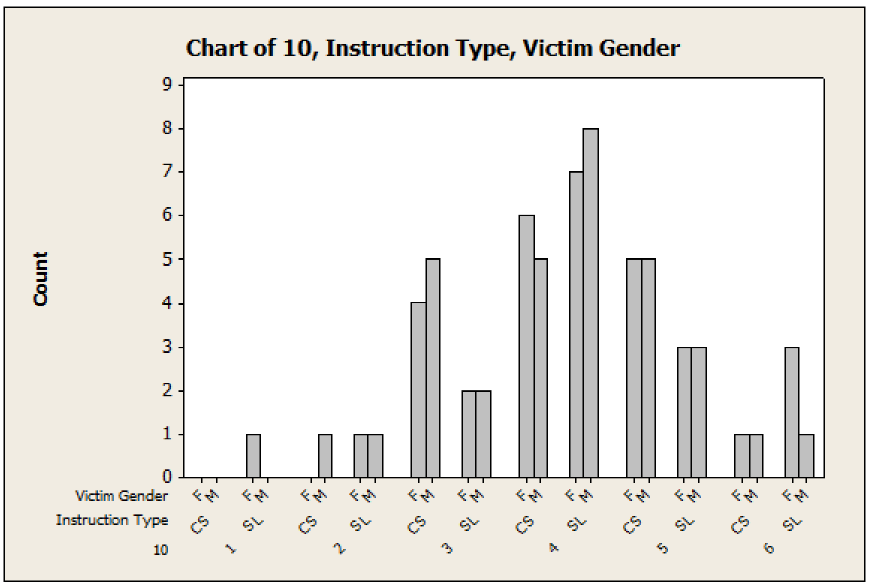


Figure 4.49: Results to Anxiety Questionnaire Question 10

As shown in Figure 4.46, a majority of the subjects felt nervous during the scenario. However, as Figure 4.47 shows, the nervousness was usually not a result of the sensors. Figure 4.48 shows a majority of the subjects stopped focusing on the sensors when they started the scenario. The final question's responses are shown in Figure 4.49. In this figure, most subjects believed that their training the past two days prepared them to defuse the explosive device.

Just as with the Day 2 surveys, the surveys for the final day are generally positive and reflect that the subjects experienced a level of anxiety as a result of the experiment and not just from being wired to physiological sensors. It should be noted that the reported scores are broken up by Instruction Type and Victim's Gender. The purpose is to not only show how subjects tended to report on the aggregate, but also how they reported within the different groups created in the experiment. Table 4.1 contains the results of using an ordinal logistic regression model to analyze each question.

Table 4.1: Results of Anxiety Questionnaire

Question	Instruction Type				Victim's Gender			
	P-value	Odds Ratio	95% LCL	95% UCL	P-value	Odds Ratio	95% LCL	95% UCL
1. I felt extremely anxious when I was defusing the bomb.	0.236	0.58	0.24	1.24	0.091	2.17	0.88	5.32
2. The bomb-defusing situation seemed very artificial to me.	0.033	2.7	1.08	6.72	0.477	0.73	0.30	1.76
3. My attention was extremely focused when defusing the bomb.	0.373	0.67	0.28	1.61	0.684	0.83	0.35	2.00
4. I felt anxious only because I was a subject in an experiment.	0.524	0.75	0.31	1.82	0.691	1.20	0.49	2.91
5. I thought the explosive device would actually explode.	0.528	0.75	0.31	1.82	0.081	2.22	0.91	5.43
6. The bomb defusing training helped me very much to complete the task.	0.419	0.68	0.27	1.73	0.539	0.75	0.30	1.89
7. I wasn't at all nervous when working on the explosive device.	0.184	1.82	0.75	4.43	0.851	1.09	0.45	2.61
8. The electrodes connected to me caused me to feel very nervous.	0.464	1.39	0.58	3.34	0.458	1.39	0.58	3.36
9. After a few minutes, I stopped paying attention to the electrodes.	0.660	0.82	0.34	1.99	0.944	1.03	0.43	2.50
10. I felt the scenario training helped me to be very effective in defusing the bomb.	0.866	0.93	0.38	2.24	0.583	1.28	0.53	3.10

The response variable is the range of scores from 1-6. The predictor variables are the Instruction Type and Victim's Gender. For all questions, the odds ratio for the Instruction Type refers to the odds, relative to the case studies, of a subject receiving the Second Life training would disagree with the given statement. Likewise, the odds ratio for the Victim's Gender refers to the odds, relative to the subjects with female victims, of a subject with a male victim would disagree with the given statement. The highlighted cells in Table 4.1 indicate the significant results at the 90% significance level. They indicate that subjects with female subjects tended to report a high sense of anxiety more often than subjects with male victims. The same is the case when it comes to reporting whether they thought the bomb would explode. The only question with a significant response for the Instruction Type was Question 2. Table 4.1 indicates that

subjects who received the Second Life were almost three times as likely to not agree that the situation seemed artificial as the subjects receiving the case studies.

This chapter contains analysis for all three days of the experiment. More specifically, it contains the results of the tests used to determine the whether one instruction type was more effective than the other as well as the results of the heart rate measurements. In the next and final chapter, some explanations of the results reported in this chapter are provided as well as possible implications of the results and some recommended best practices.

CHAPTER V

CONCLUSION

5.1 Summary of Results

The purpose of this experiment was to compare two instruction types in regards to their effectiveness at teaching some basic skills in properly defusing improvised explosive devices. In addition, there is interest in determining if the gender of the victim had any effect on the subjects' ability to defuse the explosive. Overall there were eleven tests of hypothesis performed.

1. RSP Score vs. RSP Assessment
2. Binary Explosion vs. RSP Assessment
3. Defusing Score vs. RSP Assessment
4. RSP Score vs. Instruction Type and Victim’s Gender
5. Binary Explosion vs. Instruction Type and Victim’s Gender
6. Defusing Score vs. Instruction Type and Victim’s Gender
7. Time vs. Instruction Type and Victim’s Gender
8. Baseline Heart Rate vs. Instruction Type
9. Paired t-test between Baseline Heart Rate and Scenario Heart Rate
10. Change in Heart Rate vs. Instruction Type and Victim’s Gender
11. Questions from Anxiety Questionnaire vs. Instruction Type and Victim’s Gender

The eleven tests can be broken up into four groups. The first group consists of testing for a linear relationship between each of the particular assessment measures and the RSP Assessment

completed after the first day of training. The second group consists of testing for a linear relationship between each of the particular assessment measures and the three predictor variables (Instruction Type, Victim's Gender, and Time). The third group consists of analyzing the heart rate data. The final group consists of the results from the Anxiety Questionnaire.

5.1.1 Group 1: RSP Assessment

The results indicate that the RSP Assessment completed following the first day of training is not predictive of the subjects' performance during the final day of the experiment for any of the assessment measures. It can be concluded that just because a subject performs well on a test does not mean they can be as successful in the field. Conversely, the opposite should hold as well. Just because a subject performs poorly on a test does not mean they would perform poorly in the field. This indicates that success would be dependent on some other variable.

5.1.2 Group 2: Assessment Measures

In this experiment, the primary variable being tested is the instruction type the subjects receive on the second day of training. The results of the experiment show that there is no significant difference between the two instruction types when it comes to performance in any of the assessment measures at the 95% significance level. However, Instruction Type is significant at the 90% significance level. Furthermore, the subjects trained in Second Life outperformed those trained using case studies 21 successes to 14. This gives credibility to the idea that Second Life is an effective tool for learning.

One interesting result was that the Victim's Gender was found to significantly affect the subjects' RSP Score. In particular, subjects with a male victim outperformed subjects with a female victim. This could be an indication that the subjects' memory of the render safe procedures could have been compromised, if they were adversely affected by the sight of a

female victim. The implication of this hypothesis is that subjects with male victims are not adversely affected and are able to remember their tasks better. While Victim's Gender was not found to be significant when it came to the subjects' ability to simply defuse the bomb, there was a significant relationship at the 90% significance level between Victim's Gender and the Defusing Score. This is due to the fact that there are two possible scores for successfully defusing the explosive. The highest score of '5' was only attained by subjects with male victims. Therefore, subjects with female victims were more likely to receive lower scores.

Additionally, subjects with female victims tended to take longer to complete the scenario. This phenomenon coupled with the fact that subjects with female victims performed worse at remembering Render Safe Procedures and at obtaining a high Defusing Score indicates that female victims adversely affected the subjects' performance. There was no significant difference in the time taken to complete the final scenario between the two instruction types.

5.1.3 Group 3: ECG

The results of the ECG indicate that there was no difference in baseline heart rate between the two instruction types. In addition the change in heart rate from baseline to the scenario was not found to be affected by Instruction Type or Victim's Gender. While the predictor variables were not found to significantly affect the heart rate, the heart rate did change from baseline to scenario. However, it unexpectedly dropped. The reasoning for this is that the subject may have calmed down once the scenario began. While the subject did not experience a raise in heart rate, the average baseline heart rate was really high. An average adult has a resting heart rate between 60-100 BPM (Mann 2011). The subjects had an average heart rate of over 120 BPM during the base line. This indicates that the subjects were experiencing a high level of anxiety before starting the experiment. Therefore the anxiety appears to be a result of the

subjects being in an experiment. The final grouping summarizes the results of the Anxiety Questionnaire.

5.1.4 Group 4: Anxiety Questionnaire

The results of the questionnaire appear to reflect the hypothesis that the subjects were in fact feeling a sense of anxiety during the scenario. However, the subjects' general feeling that the anxiety was not simply a result of being in an experiment appears to be contradicted by the results of the heart rate measurements. While there was no difference in the change in heart rate between either the two instruction types or victim genders, there were differences between the two predictor variables when it came to how the subjects responded on the questionnaire. Subjects with female victims tended to report anxiety during the scenario more often than subjects with male victims. They also reported that they thought the bomb would actually explode more than the subjects with male victims. These higher levels of reported anxiety and fear of explosion could be indicative of why the subjects with female victims performed worse than those with male victims. As far as the instruction type is concerned, subjects receiving Second Life tended to disagree with the assertion that the scenario seemed artificial more often than the subjects receiving the case studies.

5.2 Implications

When it came to Instruction Type, there was a significant difference found between the effectiveness of the two instruction types at the 90% significance level. This finding suggests that a virtual simulation can teach a task more, or at least as effectively as traditional paper-and-pen training. Therefore, if an organization is trying to decide whether to invest in virtual reality for pedagogical purposes, they have evidence to support the notion that their students can learn what they need to learn with the same or even better proficiency as they could have learned with

a traditional paper-and-pen study. There is a potential drawback to using virtual reality and that is in the initial cost of its implementation. If an organization wants to design a virtual world in order to specifically teach something unique to their organization, the cost of creating the world can be expensive at first. The cost of contracting developers to create the software is more than printing out a handout with instructions. However, if the end result is that those receiving training (employees, students, etc.) learn better with the virtual world then the payoff can be seen in fewer mistakes. This leads to higher quality work which in turn makes the organization more profitable.

5.3 Best Practices

When conducting this experiment, there were some important lessons learned. The primary lesson is to have a properly updated computer lab available through the duration of the experiment. There were multiple instances when certain functions of the training did not work properly due to certain computer programs not being downloaded. While downloads were eventually able to be made, it delayed the subjects' instruction. Having an updated computer lab is important in order to maximize the benefit of a virtual world. If the computers are not properly updated and maintained, certain problems such as rendering issues and freezing can occur which occurred during the experiment.

Data collection for this experiment was conducted using the Blackboard Learning System. Each subject was assigned a separate profile corresponding to their subject number. The data was available to be downloaded by the project leaders who were given administrator access. However, an issue arose due to the original data collection settings. All of the questionnaires and surveys were set to "Survey" mode in the data collection settings. As a result, when trying to collect the data, the data was randomized making it impossible to know to which subject each

row of data belonged. In addition, there were dummy profiles set up for practice purposes. The scores from those results would get mixed in with the actual data making it impossible to determine which data was real and which data was practice data. As a result, the data was gathered by going into each profile one by one until all data was properly gathered. In order to avoid this problem, the data collection setting should be set to "Test.” This allows the data to be associated with their subject number in order to properly analyze the data.

The final recommendations deal with the final day's experiment. When taking physiological data, it is important to keep outside factors such as lighting and ambient sound as constant as possible. This means turning on all the lights in the experiment room as well as limiting access to the room to those directly involved in the experiment. A method used in the experiment that aided in data collection for the final day was the implementation of a video camera. The subjects were recorded during the final day of the experiment allowing for review of the film for any missed data. The tape was not used as the primary method of data collection, but it is a useful tool in case some data is lost or accidently not recorded. These best practices serve as recommendations for improving the experiment.

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APPENDIX A

APPENDIX A: BIG FIVE INVENTORY

Table A1.1: Big Five Inventory

Subject	Personality Trait				
	Extraversion	Agreeableness	Conscientiousness	Neuroticism	Openness
1	29	42	40	21	42
2	34	41	39	22	48
3	34	42	43	22	41
4	26	41	29	21	34
5	28	41	38	20	36
6	30	35	28	23	35
7	22	26	29	32	44
8	30	44	39	21	40
9	18	36	26	22	29
10	23	35	32	32	42
11	24	35	29	23	32
12	30	37	41	28	36
13	29	35	41	15	34
14	35	35	28	18	33
15	28	39	38	23	34
16	34	39	45	20	48
17	27	38	37	24	46
18	29	39	36	21	35
19	28	38	33	27	37
20	25	33	31	24	37
21	29	40	37	22	38
22	35	41	45	21	45
23	22	36	33	19	39
24	35	27	31	23	42
25	29	40	25	24	32
26	30	32	28	25	36
27	23	37	36	23	35
28	19	38	34	24	36
29	22	35	29	27	31
30	28	42	42	22	42
31	32	37	40	24	42
32	27	27	28	25	41
33	28	40	32	28	32
34	26	36	35	21	37
35	35	43	43	24	48
36	34	27	28	26	49
37	27	39	37	23	31
38	35	40	40	21	42
39	26	29	30	24	47
40	23	32	26	24	31
41	23	36	33	25	40
42	36	38	35	26	36
43	23	38	35	21	34
44	30	31	32	24	28
45	35	29	38	26	48
46	31	36	36	22	36
47	30	35	39	21	37
48	25	36	27	22	29
49	27	30	30	22	38
50	19	37	26	24	31
51	27	39	36	21	39
52	28	40	43	22	42
53	34	40	32	23	41
54	25	28	36	21	42
55	36	41	39	20	42
56	31	37	29	25	38
57	14	36	35	24	44
58	30	38	34	21	35
59	27	41	37	19	33
60	26	43	42	19	33
61	32	35	37	20	37
62	37	36	39	25	38
63	16	28	30	28	35
64	31	43	39	19	46
65	25	38	31	25	38

APPENDIX B

APPENDIX B: SENSATION SEEKING SCALE

Table A2. 1: Sensation Seeking Scale

Subject	Question												
	1	2	3	4	5	6	7	8	9	10	11	12	13
1	-	A	A	B	B	A	A	A	B	A	B	A	A
2	B	A	A	B	A	A	B	B	B	A	B	A	A
3	A	A	A	B	B	A	A	B	A	A	B	B	B
4	B	A	A	A	B	B	A	B	B	A	B	A	A
5	B	B	B	A	A	B	A	B	B	A	A	B	A
6	B	B	A	A	B	A	B	A	B	A	B	A	A
7	B	A	A	A	A	A	A	B	B	A	B	B	A
8	B	A	A	B	B	A	A	B	B	A	B	B	A
9	B	A	A	A	B	A	A	B	B	A	B	B	A
10	B	A	B	A	A	A	A	A	B	B	A	A	A
11	A	B	B	-	B	A	A	B	B	A	A	B	A
12	B	B	B	A	B	B	A	B	B	A	B	A	A
13	B	A	A	B	B	B	A	A	B	A	B	A	A
14	A	A	A	B	B	A	A	B	A	B	A	B	B
15	B	A	A	B	B	A	A	A	A	A	B	B	B
16	B	A	A	B	B	A	A	B	B	A	B	A	A
17	B	A	A	B	B	A	A	B	B	A	B	A	A
18	B	A	A	B	B	A	B	B	B	A	B	A	A
19	B	A	B	A	B	B	A	B	B	A	B	A	A
20	A	A	A	B	B	A	A	A	A	A	B	A	B
21	B	A	A	B	B	A	A	A	A	A	B	A	A
22	B	A	A	B	B	A	A	B	B	A	B	A	A
23	B	A	A	B	B	A	B	B	B	A	B	A	A
24	B	A	A	B	B	A	B	A	B	A	B	B	A
25	A	A	A	B	B	A	A	B	A	A	B	B	B
26	A	A	B	B	A	A	A	B	A	A	B	B	B
27	A	A	A	B	B	B	A	A	A	A	B	A	A
28	B	A	A	A	B	B	B	B	A	A	B	A	B
29	B	A	A	A	B	A	A	A	A	A	A	A	A
30	A	A	A	B	B	A	A	A	B	A	B	A	A
31	B	A	A	B	B	B	A	A	A	A	A	B	A
32	B	A	A	B	B	A	A	B	B	A	B	B	A
33	B	A	A	A	B	A	A	B	A	A	B	A	A
34	B	A	A	B	B	A	A	B	B	A	B	B	A
35	A	A	A	B	B	A	A	B	B	A	B	B	A
36	B	A	A	B	A	A	A	B	B	A	B	A	A
37	B	A	B	A	B	B	A	A	A	A	A	B	B
38	B	B	A	B	B	A	A	B	B	A	B	A	A
39	A	A	A	B	A	A	B	B	A	B	B	B	A
40	A	B	A	B	A	B	B	A	B	A	A	B	A
41	B	A	A	B	B	B	A	B	B	A	B	A	A
42	B	A	B	A	B	A	A	B	A	A	B	B	A
43	B	A	A	A	B	A	A	B	A	B	B	B	B
44	B	A	A	A	B	A	A	A	A	B	A	B	B
45	B	A	A	A	A	A	A	B	A	A	A	A	A
46	A	A	A	B	B	A	A	B	B	A	B	B	B
47	A	A	A	A	A	A	A	A	B	A	B	A	A
48	A	A	A	A	B	B	A	B	A	A	B	A	B
49	A	A	A	A	B	B	B	B	A	A	B	A	B
50	A	A	B	B	B	A	A	B	B	A	A	B	A
51	A	A	A	A	B	A	A	B	B	A	A	B	A
52	B	A	A	B	B	B	A	B	B	A	B	A	A
53	B	A		B	B	B	B	B	B	A	A	A	A
54	B	A	A	A	B	A	A	A	B	A	B	A	A
55	B	A	A	A	B	A	B	B	A	A	A	A	A
56	A	A	B	B	B	B	A	A	A	A	B	B	B
57	B	A	B	B	B	A	A	A	A	A	B	B	B
58	B	A	A	B	B	A	B	B	A	B	B	B	B
59	B	A	A	A	B	B	A	B	B	A	B	B	A
60	A	A	B	A	B	A	A	A	A	A	B	A	B
61	B	A	A	B	B	A	A	A	B	A	B	B	A
62	A	A	A	B	B	A	B	B	A	A	B	B	B
63	B	A	A	B	B	B	A	B	B	A	B	A	A
64	B	A	A	B	B	A	B	B	A	B	B	B	B
65	B	A	A	B	B	A	B	B	B	A	B	B	A

APPENDIX C

APPENDIX C: STATE TRAIT ANXIETY QUESTIONNAIRE

Table A3.1: State-Trait Anxiety Questionnaire

Subject	Score	
	State	Trait
1	21	23
2	34	37
3	35	45
4	44	37
5	48	41
6	38	47
7	33	36
8	30	24
9	41	44
10	41	38
11	42	46
12	21	24
13	27	32
14	37	37
15	22	23
16	21	20
17	26	23
18	50	31
19	29	31
20	32	45
21	32	28
22	20	22
23	38	38
24	37	38
25	31	35
26	39	42
27	25	33
28	21	27
29	36	44
30	21	30
31	24	26
32	33	42
33	26	32
34	28	33
35	26	23
36	30	31
37	21	28
38	31	26
39	32	39
40	55	53
41	34	33
42	29	35
43	28	36
44	20	33
45	20	26
46	27	24
47	38	35
48	31	35
49	51	47
50	31	37
51	43	37
52	40	34
53	35	37
54	34	23
55	21	23
56	25	30
57	36	39
58	43	48
59	24	35
60	22	29
61	29	24
62	28	32
63	32.5	36
64	21	21
65	44.5	45

BIOGRAPHICAL SKETCH

During his time at the University of Texas-Pan American (UTPA), Benjamin has worked for three on-campus departments. In March 2010, he started working for the Texas Center for Manufacturing and Assistance which focused on teaching Lean Manufacturing and Six Sigma to companies around the Rio Grande Valley. From January 2011 to August 2013, Benjamin served as a Resident Assistant at the UTPA Residence Halls where he aided in the development of the students living on campus. From June 2011 to the present, Benjamin has served as a Research Assistant for Dr. Alley Butler of the UTPA Manufacturing Engineering department. Together, along with their partner Dr. Irina Armianu, they conducted an experiment to compare the effectiveness of an immersive language program called Alelo at teaching French with that of a traditional classroom. The study revealed that no significant difference was found between the two instruction types. In addition, with the assistance of Aaron Hunsaker, they erected a virtual cave in the UTPA Rapid Response building. The cave is to be used for experiments involving virtural reality and physiological responses.

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